

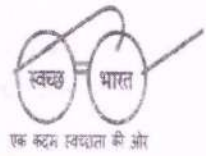


Chaudhary Ranbir Singh University, Jind

Established by Govt. of Haryana Legislature Act No. 28 of 2014

(Recognised under Section 12 (b) and 2 (f) of UGC Act, 1956)

Department of Yoga Science



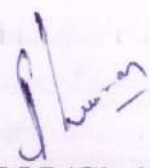
Date: 17.01.2022

FORMAT for Program-Specific Career Options to uploaded on Council's Website:

1	Program of Study and its duration	P.G. Diploma in Yoga Science 01 Year & M.A./M.Sc. in Yoga Science 02 Years
2	MOU's and collaboration for this program	Nil
3	Business Houses/Companies which visits Campus for recruitment	Nil
4	Details of Business Houses/Companies offering in Industrial projects/training	Nil
5	Projects/Training offered by University	Dissertation
6	Entrepreneurship Opportunities	Yoga Instructor, Yoga Therapist, Yoga Advisor, Yoga Specialist, Yoga Practitioner, Yoga Teacher Sports & Fitness, Research Officer Yoga and Naturopathy, Yoga Aerobic Instructor, Yoga Consultant, Publication Officer (Yoga), Yoga Manager
7	Opportunities in Education Sector	Yoga Teacher Sports & Fitness, Yoga Master, Assistant Professor, Research Officer (Yoga), Yoga Manager
8	Opportunities as Social Worker	Yoga Wellness Instructor, Yoga Therapist, Therapeutic Yoga Consultant
9	Opportunities in other Nations	Yoga Protocol Instructor, Yoga Wellness Instructor, Yoga Teacher & Evaluator, Assistant Yoga Therapist, Therapeutic Yoga Consultant, Yoga Master
10	Opportunities as an Academician	Writer, Editor, Publisher, Teacher, Researcher
11	Opportunities for National Development	As health promotion As a solution to psychosomatic problems As inculcating human values As an ideal citizen building As enhance the spirit of brotherhood
12	Opportunities as Consultation	Therapeutic Yoga Consultant, Spiritual Counsellor
13	Opportunities for Self-employment and how program leads to livelihood?	Health clubs, Yoga & Pilates studios, special needs centre, private gym and in individual clients homes.
14	Role/Details of Specific Membership for the program (for eg. CII, AIMA, ISTE, IAA etc.)	Nil
15	Aptness of the program with future challenges	<ul style="list-style-type: none">Yoga is very effective in solving the challenges related to human life.

		<ul style="list-style-type: none"> Recently, the world including India is battling the Covid-19 epidemic, in such a situation, through Yogic Practices such as- Asanas, Pranayama, Mudra, Bandha, Cleansing Process & Meditation etc. have proved to be very helpful in health promotion.
16	Can program contribute in rural development? How?	<ul style="list-style-type: none"> Health benefits can be provided by bringing health awareness to the villagers by appointing qualified yoga instructors at the health centres in the villages. By promoting brotherhood, love, cooperation, goodwill as well as human values through yoga, ideal citizens can be prepared, which will be helpful in making their invaluable contribution in the upliftment of the nation.
17	Industrial visit related to the program made by students	<ul style="list-style-type: none"> Naturopathy & Panchkarma Polyclinic, Jind, Haryana. Naturopathy Centre, Pattikalyana, Panipat, Haryana. International Maharishi Patanjali Vidhyapeeth, Purkaji, Uttarakhand. Yoga Gram, Haridwar; University of Patanjali, Haridwar, Uttarakhand. Dev Sanskriti Vishwavidyalaya, Haridwar, Uttarakhand. Gurukula Kangri Vishwavidyalaya, Haridwar, Uttarakhand.

Registrar
CRS University, Jind


HOD/Chairperson
Department of Yoga Science
CRS University, Jind

Note: Duly signed by the Chairperson/HOD and countersigned by the Registrar of the University.

Chairperson,
Department of Yoga Science
C.R.S. University, Jind (Haryana)