# STAREX UNIVERSITY

# SCHOOL OF PARAMEDICAL SCIENCE

Bachelor in Optometry (1<sup>st</sup> to 8<sup>th</sup> semester)

# **Syllabus BOPT**)

Instruction for paper setter:

Total marks: 75

Timing: 3 hrs.

The question paper will consist of four sections A, B, C & D or four units 1, 2, 3, 4 as the case may be. Paper-Setter will set nine questions in all, selecting two questions from each section/unit.

Question no. 1 will be of 15 marks and consists of short answer type questions of 2 to 3 marks each covering the entire syllabus e.g.

- Q. 1 (a) Prove that a non-abelian simple group is not solvable.
  - (b) Give an example of a subnormal series which is not a normal series.
  - (c) Prove that every homomorphic image of a nilpotent group is also nilpotent.
  - (d) Define field extension and degree of extension.
  - (e) Show that C (field of complex no's) is a normal extension of R.

The duration of the examination will be of 3 hours.

Each question will carry equal marks i.e. 15

Attempt any five question out of nine question.

Question no.1<sup>st</sup> is compulsory.

# **SYLLABUS**

Paper Code	Nomenclature of paper/course	Credit C(L-T-P)
Code	Semester 1 <sup>st</sup>	C(L-1-F)
	General pathology (101)	6(3-1-2)
	UNIT I Introduction to Pathology & Hematology. Formation, Composition and function of Blood. Haemopoisis (Erythropoiesis, Leucopoiesis & Thrombopoisis), Anticoagulant, Mode of Action, Uses, Advantages & Disadvantages. Collection, Preservation, Transportation & Handling and disposable of Blood Sample. Standard& Universal Precautions in Hematology. Hematological Stain, Principle, Composition & procedure of Staining. Preparation of Blood Smear and their significance. Hem cytometer, principle, working procedure Care & Maintenance.  Unit-II Haemoglobin, its synthesis and types, normal and abnormal hemoglobins, extravasccular and intravascular hemolysis. Anaemia and its classification, Morphological and etiological, pathogenesis, laboratory investigations and management, principle and procedure of special test Megaloblastic anaemia, metabolism of iron, pathogenesis, laboratory investigations and management, principle and procedure of special test Megaloblastic anaemia, pernicious anaemia, pathogenesis, laboratory investigations Cell Injury and Cellular Adaptations- Normal Cell, Cell Injury- types of cell injury, etiology of cell injury, and morphology of cell injury, cellular swelling, and Cell death: types- autolysis, necrosis, and apoptosis. Inflammation- Acute inflammation - vascular event, cellular event, inflammatory cells Chronic Inflammation - general features, granulomatous inflammation  Unit III  Tissue Renewal and Repair, healing and fibrosis, cirrhosis, introduction of oedema, hyperaemia, congestion, haemorrhage, haemostasis, thrombosis, embolism, infarction, shock and hypertension. Neoplasia: Definition, how does it differ from hyperplasia, difference between benign tumor and malignant tumor. Healing-Definition, different phases of healing, factors influencing wound healing.	

#### Unit IV

Infectious Diseases: pathogenesis & overview of modes of infections, prevention and control with suitable examples like Typhoid, Dengue Cancer: Definitions, nomenclature, characteristics of benign and malignant neoplasm, metastasis, Carcinogens and cancer, concept of oncogenes, tumour suppressor genes, DNA repair genes and cancers stem cells.

### **PRACTICALS**

- 1. Collection of blood Sample by Venous & Capillary Method
- 2. Estimation of Hb By Sahli 's & CMG Method
- 3. Determination of RBC, WBC & Platelet Counts By Hem cytometer
- 4. Preparations of EDT & Sodium Citrate Vials
- 5. Preparation of thin & thick blood smear
- 6. Separation of Buffy Coat
- 7. Determination of ESR by Win Trobe& Western Green Method
- 8. Any other practical's based on theory paper
- 9. Blood group

#### RECOMMENDED BOOKS

- 1. Text Book of Pathology- Hares Mohan
- 2. Text Book of Pathology- Robbins
- 3. Practical Hematology- JV Decie & Lewis
- 4. Hematology- William J William, Ernest Butter
- 5. Lynch's MLT Raphels
- 6. Atlus of Hematology George, A Mcdolald, TC Codde
- 7. Blood & its Diseases- Chanari

# Human Anatomy & Physiology-I (102)

Unit I

Introduction to medical sciences. Organization of human body and integrated physiology:- Cell, Tissue, Organ, Organ system & body. Anatomical terms: - Body position, Section, Cavity & their related term.

# Unit II

Respiratory system: - Anatomy & physiology of nose and nasal cavity, pharynx, larynx, trachea, lungs. Mechanism of respiration. Lungs capacity. Lobes of lungs, layers of lungs

Integumentary system: - Anatomy & physiology of skin & its layer, nails, hairs, structure and function of skin, care of skin.

# **Unit III**

6(3-1-2)

Digestive system: - Anatomy & physiology of mouths, pharynx, esophagus, stomach: parts, structure function, blood supply. intestine: parts, structure, function and blood supply. Pancreas: parts, structure, ducts, functions. Liver: structure, lobes, quadrants, blood supply and function .gall bladder: bile, duct, Mechanism of digestion.

Skeletal system:- Anatomy & physiology of bones, structure of bone, parts of bone, types of bone, blood supply of bone, Joints and its types with eg., .Upper limb, Lower limb, Vertebral column, Thorax/ chest, skull.

#### Unit IV

Muscular system:-skeletal muscle, cardiac muscle, smooth muscle, Physiology of muscular contraction and controlling them various types of Joints and their physiology, neuromuscular junction

Cardiovascular system: - Anatomy & physiology of blood vessels, heart structure, chambers of heart, function of heart, systematic circulation, valves, pressure, circulation in adults & fetal, blood, artery, vein, capillary.

# **PRACTICALS**

- 1. Demonstration of Human cell, Cell division Mitosis & meiosis from chart& slides.
- 2. Demonstration of various tissue- Epithelial, Connective.
- 3. Demonstration of Individual Bones & Respiratory System from Chart
- 4. Measurement of Blood Pressure, Respiration & Heart Beat
- 5. Demonstration of Body Organ like Eye, Nose, Tongue etc.
- 6. Any other practical's based on theory paper

#### RECOMMENDED BOOKS

- 1. Anatomy & physiology- Rose & Wilson
- 2. Anatomy & Physiology- Tortora
- 3. Text book of Anatomy & physiology- B D Chaurasia
- 4. Text book of Anatomy & physiology- CC Chaterjee Text book of physiology- K Sabuingum

# **Basics of Biochemistry (103)**

#### Unit I

Introduction to Clinical Biochemistry and role of Medical Lab Technologist, ethics, responsibility, safely measure and hazards in clinical biochemistry lab and first aid in laboratory accidents. Basic awareness of laboratory in respect to equipments & glassware (Unit of Measurements, and calibration of volumetric apparatus. Colorimetry, spectrophotometery , flame photometry , analytical balance etc, (principles instrumentations & applications ) Preparation and storage of reagents standard solutions, buffer solutions and pH determination. Biophysics, techniquesosmosis, dialysis, surface tension, sedimentation and viscosity — principles & applications.

### **Unit II**

Henderson – Hassalbach equation and it's clinical applications. Acid base disturbances and their clinical significance Acid –base –buffer and pH-simple calculations. Concept of clinical sensitivity and specificity and factors affecting the clinical results. Collection of blood specimens avoiding Haemolysis, de- proteinization& separation of serum/plasmas.

### **Unit-III**

Preparation of solution and reagents, normal solution, molar solutions, percent solution, buffer solution, dilutions, w/v, v/v, standard solution, aqueous solutions, concepts of acid and base

Units of measurement: SI unit, reference range, conversion factor, units for measurement of bio metabolite, enzymes, protein, drugs, hormones, vitamins

#### Unit-IV

Specimen collection and processing of blood, urine & CSF, separation of serum and plasma, deproteinization of sample, Handling of specimens for testing, preservation of specimen, transport of specimen, factors affecting the clinical results, effect of storage on sample

Physical, chemical and microscopic examination of urine, Bence Jones Proteinuria and its clinical significance, qualitative test of urine for reducing sugars, protein, ketone bodies, bile Salt, bile pigments, urobilinogen, occult blood, uric acid, urea and Creatinine, quantitative estimation of 24 hrs urine for protein and their clinical significance.

# **PRACTICALS**

- 1. Cleaning of Laboratory Glass wares.
- 2. Preparation of distilled Water.
- 3. Preparation of 0.1N NaOH, 5M H<sub>2</sub>SO<sub>4</sub> &0.2N HCl Solution
- 4. Preparation of 0.2 Molar Sod Bicarbonate &70 % Ethanol Solution
- 5. Preparation of Hypertonic, Hypotonic & Norm tonic Solution & their Clinical Significance.
- 6. Collection of Blood Sample, serum & plasma separation
- 7. Any other practical's based on theory paper

# RECOMMENDED BOOKS

- 1. Practical Clinical chemistry- H Varley.
- 2. Lynch's MLT -Raphel
- 3. Clinical chemistry- Principle & technique- Henry
- 4. Practical biochemistry- HW Cole
- 5. Clinical biochemistry teiz
- 6. Principal of Biochemistry by Lehninger

# **General Microbiology (104)**

6(3-1-2)

#### Unit I

History & Introduction of Medical Microbiology. Importance of Medical Microbiology. Discovery of Microorganism. Contribution of Robert Koch, Bordet, Paul Ehrlich, Alexander Flaming, etc. Scope& Relevance of Safety Measures of Medical Microbiology. Bacterial Structure- Cell wall, Outer membrane, Lipopolysaccharide, Cytoplasmic membrane, Nucleus and Morphology - Shape, Capsule, Flagella, fimbriae, capsule, spore.

#### **Unit II**

Growth and Nutrition requirement (Oxygen, Carbon di-oxide, Temperature, Moisture and drying, Hydrogen Ion concentration and Light) of Bacteria, Autotrophs, Heterotrophs.Bacterial Growth (Lag phase, Log phase, Stationary phase and Phase of Decline) Curve. Products of Bacterial growth and Bacterial enzymes.

Different types of staining: Simple stains, Negative stain, Impregnation Method, Differential stain. Gram's stain- preparation of stain and staining methods. Ziehl–Neelsen stain.

### **Unit-III**

General safety measures used in Microbiology laboratory, Sterilization and disinfection: Various physical methods of sterilization – heat, UV radiation, ionizing radiation, filtration, characters affecting sterilization, auto clave control and sterilization indicators.

Biomedical waste management in a Medical Microbiology laboratory: Types of the waste generated, Segregation, Treatment, Disposal

# **Unit-IV**

Antiseptics & Disinfectants: Definition, types and properties, mode of action, use, qualities of good disinfectants. Chemical disinfectants – phenol and its compounds, alcohol, halogen, heavy metals and quaternary ammonium compounds, aldehyde, gaseous compound. use and abuse of disinfectants. precautions while using the disinfectants.

### **PRACTICALS**

- 1. Preparation of smear.
- 2. Perform Ziehl-Neelsen staining.
- 3. Perform Gram's staining
- 4. Perform Negative staining
- 5. Perform capsule staining
- 6. Perform spore staining
- 7. Any other practical's based on theory paper

### RECOMMENDED BOOKS

- 1. Practical Book of Medical Microbiology by Satish Gupta; JP Brothers, New Delhi
- 2. Text Book of Medical Microbilogy by Satish Gupta; JP Brothers, New Delhi
- 3. Text Book of Medical Laboratory Technology by Praful B Godkar; Bhalani Publishing House; Mumbai

# Geometrical Optics-I (105)

6(3-1-2)

# Unit I

Nature of light –light as electromagnetic oscillation; ideas of sinusoidal oscillations;

amplitude and phase; speed of light in vacuum and other media; refractive index.

Wavefronts-spherical, elliptical and plane; Curvature and vergence; rays; convergence

and divergence in terms of rays and vergence; vergence at a distance

Refractive index; its dependence on wavelength

Fermat's and Huygen's Principle –Derivation of laws of reflection and refraction

(Snell's law) from these principles

Plane mirrors –height of the mirror; rotation of the mirror

# **Unit II**

Reflection by a spherical mirror –paraxial approximation; sign convention; derivation

of vergence equation

Imaging by concave mirror, convex mirror

Reflectivity; transmissivity; Snell's Law, Refraction at a plane surface Glass slab; displacement without deviation; displacement without dispersion Thick prisms; angle of prism; deviation produced by a prism; refractive index of the

Prism

# **Unit III**

Prisms; angular dispersion; dispersive power; Abbe's number.

Definition of crown and flint glasses; materials of high refractive index Thin prism –definition; definition of Prism diopter; deviation produced by a thin

prism; it dependence on refractive index

Refraction by a spherical surface; sign convention; introduction to spherical

aberration using image formed by a spherical surface of a distance object; sag formula

Paraxial approximation; derivation of vergence equation

Imaging by a positive powered surface and negative powered surface Vergence at a distance formula; effectivity of a refracting surface Definition of a lens as a combination of two surfaces; different types of lens shapes.

Image formation by a lens by application of vergence at a distance formula; definitions of front and back vertex powers; equivalent power; first and second principal planes/points; primary and secondary focal planes/points; primary and

secondary focal lengths

#### Unit IV

Newton's formula; linear magnification; angular magnification Nodal Planes

Thin lens as a special case of thick lens; review of sign convention Imaging by a thin convex lens; image properties (real/virtual; erect/inverted; magnified/minified) for various object positions

Imaging by a thin concave lens; image properties (real/virtual; erect/inverted; magnified/minified) for various object positions

Prentice's Rule

System of two thin lenses; review of front and back vertex powers and equivalent

power, review of six cardinal points.

System of more than two thin lenses; calculation of equivalent power using magnification formula

## **RECOMMENDED BOOKS**

- 1. Tunnacliffe A. H, Hirst J. G, Optics, The association of British Dispensing Opticians, London, U.K., 1990.
- 2. Pedrotti L. S, Pedrotti Sr. F. L, Optics and Vision, Prentice Hall, New Jersey, USA, 1998.

# **Practical**

- 1. Thick Prism determination of prism angle and dispersive power; calculation of the refractive index
- 2. Thin Prism measurement of deviation; calculation of the prism diopter
- 3. Image formation by spherical mirrors
- 4. Convex lens power determination using lens gauge, power determination using distant object method; power determination using the vergence formula
- 5. Concave lens in combination with a convex lens power determination.

# **COMPUTER SCIENCE-I (106)**

0(0-0-0)

# Unit 1

Introduction to Computer: Meaning or Definition of Computer, Evolution of computer, Features of Computer, Main Operation of the Computer, Main Elements of Computer System, Bits, Bytes and Words, Device in Computer, Various Input & output Device.

#### **Unit II**

Applications of computer: advantages and limitations of computers. Memory: overview of storage devices. main memory, storage evaluation criteria, random access memory, read only memory, secondary storage devices.

# **Unit-III**

Generation of Computers and their Classification Generation of Computers, Classification of Computers.

#### Unit-IV

Operating System Meaning of Operating System, Function of Operating System, Language Translators

Database Meaning Of Database, Data Processing System, Function of Data Processing, Objectives of Database, Type of Database, Functions of Database Management System(DBMS), Advantages & Disadvantages of DBMS, Various Database Structures or database models.

# Semester 2<sup>nd</sup> Human Anatomy & Physiology-II (201)

6(3-1-2)

#### Unit I

Lymphatic system: Lymphatic organs, lymphocytes, Spleen, Bone marrow etc. primary & secondary immune response, Immunity. Primary defense mechanism of human body against pathogenic microbes.

Physiology of various body fluids: CSF, peritoneal, Pericardial, Pleural and synovial fluids.

Cartilage, ligaments, tendons.

# **Unit II**

Excretory system: Anatomy & physiology of Kidney, Ureters, Bladder & Urethra. Mechanism of urine formation, GFR, mechanism of GFR, Nephrons diagram and its function.

Sense organ: Anatomy & physiology of eye, diagram of eye, diagram of ear, nose & tongue.

#### Unit-III

Nervous system: Anatomy& physiology of Neurons structure and function, Brain and its parts, Spinal cord, Central & Peripheral nervous system.

Endocrine system: Anatomy & physiology of hormones, glands, Pituitary gland & hypothalamus, thyroid gland, parathyroid glands, adrenal glands, pancreas, pineal gland & mechanism of action.

### **Unit-IV**

Reproductive system: Male- Anatomy & physiology of Primary & secondary reproductive organs, sperm diagram and its function, spermatogenesis, testis, prostate gland,

Female-Anatomy & physiology of Primary & secondary reproductive organs, ovary, ovum, uterus, Oogenesis, mensuration cycle

# **PRACTICALS**

- 1. Collection of body Fluids
- 2. Estimation of sugar in CSF fluid
- 3. Demonstration of Semen
- 4. Analysis of Semen
- 5. Estimation of Insulin Hormone
- 6. Examination of Urine
- 7. Demonstration of Reproductive System by Chart

- 8. Demonstration of Glands in chart in human body
- 9. Demonstration of Sense Organ
- 10. Demonstration of spinal & Cranial Nerve
- 11. Any other practical's based on theory paper

#### RECOMMENDED BOOKS

- 1. Anatomy & physiology- Rose & Wilson
- 2. Anatomy & Physiology- Tortora
- 3. Text book of Anatomy & physiology- B D Chaurasia
- 4. Text book of Anatomy & physiology -CC Chaterjee
- 5. Text book of physiology- K Sabuingum

# Ocular Biochemistry (202)

# Unit I

Structure, function and interrelationship of biomolecules and consequences of deviation from the normal.

Hormones basic concepts in metabolic regulation with examples say insulin.

# Unit II

Integration of various aspects of metabolism and their regulatory pathways Metabolism: General whole body metabolism(carbohydrates, proteins, lipids)

# Unit III

Principles of various conventional and specialized laboratory investigations and instrumentation, analysis and interpretation of a given data

Ocular Biochemistry: Various aspects of the eye, viz., cornea, lens aqueous, vitreous, retina and pigment rhodopsin. (The important chemicals in each and their roles.)

Immunology of anterior segment

# **Unit IV**

Understand metabolic processes taking place in different ocular structures. Technique: Colloidal state, sol. Gel. Emulsion, dialysis, electrophoresis. pH buffers mode of action, molar and percentage solutions, photometer, colorimeter and spectrometry. Radio isotopes: application in medicine and basic research.

Clinical Biochemistry: Blood sugar, urea, creatinine and bilirubin significance of their estimation.

6(3-1-2)

# **PRACTICAL**

- Quantitative analysis
- Abnormal constituents in urine, sugar proteins, ketones, blood and bile salts.
- Techniques of detection of abnormal constituents of urine:
- Electrophoresis
  - o Chromatography
  - o Preparation of normal, molar and percentage solutions.
  - o Preparation of buffers, pH determination
- Demonstration
  - Estimation of blood cholesterol
  - o Estimation of alkaline phosphatase.
  - Salivary amylase (effect of ph, etc)
  - Milk analysis.

# **Recommended books**;

- 1. Text book of biochemistry by Satyanaryan.
- 2. S. Ramakrishnan: Essentials of biochemistry and ocular biochemistry, Annamalai University Publications, Chidambaram, India, 1992

# Physical Optics (203)

6(3-1-2)

# Unit I

Nature of light –light as electromagnetic oscillation –wave equation; ideas of sinusoidal oscillations –simple harmonic oscillation; transverse nature of oscillation:

concepts of frequency, wavelength, amplitude and phase.

Sources of light; Electromagnetic Spectrum

Polarized light; linearly polarized light; and circularly polarized light.

### **Unit II**

Intensity of polarized light; Malus'Law; polarizers and analyzers; Methods of producing polarized light; Brewster's angle.

Birefringence; ordinary and extraordinary rays

Relationship between amplitude and intensity

Coherence; interference; constructive interference, destructive interference;

fringes;

fringe width.

Double slits, multiple slits, gratings.

Diffraction; diffraction by a circular aperture; Airy's disc

# **Unit III**

Resolution of an instrument (telescope, for example); Raleigh's criterion.

Scattering; Raleigh's scattering; Tyndall effect.

Fluorescence and Phosphorescence.

Basics of Lasers -coherence; population inversion; spontaneous emission;

Einstein's

theory of lasers.

# **Unit IV**

Radiometry; solid angle; radiometric units; photopic and scotopic luminous efficiency

and efficacy curves; photometric units.

Inverse square law of photometry; Lambert's law.

Other units of light measurement; retinal illumination; Trolands

# **PRACTICAL**

Each practical session could be evaluated for 10 marks and the total could be added to the final evaluations. These practical could be customized as per the university requirements and spaced apart conveniently. The practical to be done include the following:

- Gratings determination of grating constant using Sodium vapour lamp; determination of wavelengths of light from Mercury vapour lamp
- 2. Circular Apertures measurements of Airy's disc for apertures of various sizes
- 3. Verification of Malus' Law using a polarizer analyzer combination
- 4. Demonstration of birefringence using Calcite crystals
- 5. Measurement of the resolving power of telescopes.
- 6. Newton's rings
- 7. Demonstration of fluorescence and phosphorescence using crystals and paints

# Geometrical Optics-II (204)

### Unit I

Vergence and vergence techniques revised Gullstrand's schematic eyes, visual acuity, Stile Crawford Emmetropia and ametropia

# Unit II

Blur retinal Imaginary.

Correction of spherical ammetropia, vertex distance and effective power, dioptric power of the spectacle, to calculate the dioptoric power, angular magnification of spectacles in aphakic

## **Unit III**

Thin lens model of the eye –angular magnification –spectacle and relative spectacle magnification.

Aperture stops- entrance and exit pupils.

Astigmatism. - To calculate the position of the line image in a spherocylindrical lens.

## **Unit IV**

Accommodation –Accommodation formulae and calculations.

Presbyopia- Spectacle magnification, angular magnification of spectacle lens, near point, calculation of add, depth of field.

Spatial distribution of optical information- modulation transfer functions-Spatial filtering- applications.

Visual optics of aphakia and pseudophakia.

# **Practical**

- 1. Construction of a tabletop telescope all three types of telescopes.
- 2. Construction of a tabletop microscope
- 3. Imaging by a cylindrical lens relationship between cylinder axis and image orientation
- 4. Imaging by two cylinders in contact determination of the position of CLC; verification of CLC using a spherical lens with power equal to the spherical equivalent; orientations and position of the line images and their relation to the cylinders' powers and orientations
- 5. Imaging by a spherocylindrical lens sphere and cylinder in contact determination of the position of CLC; verification of

CLC using a spherical lens with power equal to the spherical equivalent; orientations and position of the line images and their relation to the cylinder's power and orientation

# Communication Skills and Personality Development (205) (Non credit)

0(0-0-0)

#### Unit I

Listening Comprehension

- Speeches
- Interviews
- audio-video clippings followed by exercises
- Introduction to Communication
- Importance of Communication
- Barriers to Communication and ways to overcome them

#### Unit II

Conversation Skills

- Greetings and Introducing oneself
- Framing questions and answers
- Role play
- Buying: asking details etc
- Word formation strategies

Vocabulary building: Antonyms, Synonyms, Affixation, Suffixation, One word substitution

### **Unit-III**

Reading Comprehension

- Simple narration and Stories
- Newspaper and articles clippings
- Sentence types
- Note Making
- Paragraph Writing
- Comprehension
- Report Writing: types, characteristics

#### Unit --IV

Writing Comprehension

- Letters: types, format, style
- Précis Writing
- Paragraph: Order, Topic sentence, consistency, coherence
- Report and Proposal

• Project Writing: Features, Structure

# Computer Science-II (subsidiary subject) (206)

0(0-0-0)

#### Unit I

Windows Graphical User Interface, Windows, Features of Windows, Control Button of windows, Various Icons on Desktop Microsoft Word(INTRODUCTION)

### **Unit II**

Microsoft Excel (INTRODUCTION)
Microsoft PowerPoint (INTRODUCTION)
Internet – Features, Different type of network.

### **Unit-III**

Patient Management Medical Establishments using Computer, Computer, Network, Software, Training, Service Operators of System Computerization in Hospitals and Nursing Homes, Features of a Hospital Software Packages, Password Protection, Various Application of Different Medical, Software and Support

#### **Unit-IV**

Picture archiving communicating system, DICOM,RIS,HIS, Uses of computer in hospitals in different department Online reporting system, different types of software used in medical fields.

# Semester 3<sup>rd</sup> Visual Optics-I (301)

4(3-1-0)

### Unit I

Review of Geometrical Optics: Vergence and power Conjugacy, object space and image space Sign convention Spherical refracting surface Spherical mirror; catoptric power Cardinal points

# **Unit II**

Magnification Light and visual function Clinical Relevance of: Fluorescence, Interference, Diffraction, Polarization,

Bi- refringence, Dichroism

Aberration and application Spherical and Chromatic

Aberration and application Spherical and Chromatic

# **Unit III**

Cornea and aqueous

Crystalline lens

Vitreous

Schematic and reduced eye

Measurements of Optical Constants of the Eye

Corneal curvature and thickness

Keratometry

Curvature of the lens and ophthalmophakometry

Axial and axis of the eye

Basic Aspects of Vision.

Visual Acuity

# **Unit IV**

Light and Dark Adaptation

Color Vision

Spatial and Temporal Resolution

Science of Measuring visual performance and application to Clinical

Optometry

Refractive anomalies and their causes

Etiology of refractive anomalies

Contributing variability and their ranges

Populating distributions of anomalies.

Optical component measurements

Growth of the eye in relation to refractive errors

6(3-1-2)

# Optometric Optics-I (302)

### Unit I

Measurement of lens power , lens centration using conventional techniques Transposition of various types of lenses

Knowledge to identify different forms of lenses (equi-convex, planoconvex, periscopic, etc.)

# **Unit II**

Knowledge to select the tool power for grinding process.

Measurement of surface powers using lens measure.

Method of laying off the lens for glazing process.

# **Unit III**

Ophthalmic prism knowledge –effects, units, base-apex notation, compounding and resolving prisms.

Knowledge of prism and decentration in ophthalmic lenses

Knowledge of different types of materials used to make lenses and its characteristics

# **Unit IV**

Knowledge lens designs –single vision, bifocals, progressive lens Knowledge on tinted and protective lenses

Knowledge on special lenses like iseikonic, spectacle magnifiers.

Knowledge on spectacle frames –manufacture, materials

# **Practical**

- 1. Measurement of lens power
- 2. Transposition of various types of lenses
- 3. lens designs –single vision, bifocals, progressive lens

0(0-0-0)

	6(3-1-2)
Optometric Instruments	
(303)	
Unit I	
Refractive instruments	
Optotypes and MTF	
Spatial Frequency	
Test charts standards.	
Choice of test charts	
Trial case lenses	
Refractor (phoropter) head units	
Optical considerations of refractor units	
Trial frame design	
Near vision difficulties with units and trial frames	
Unit II	
Retinoscope – types available	
Adjustment of Retinoscopes- special features	
Objective optometers.	
Infrared optometer devices.	
Projection charts	
Illumination of the consulting room.	
Brightness acuity test	
Vision analyzer	
Unit III	
Pupilometer	
Potential Acuity Meter	
Abberometer	
Ophthalmoscopes and related devices	
Design of ophthalmoscopes – illumination	
Design of ophthalmoscopes- viewing	
Ophthalmoscope disc	
Filters for ophthalmoscopy	0(0-0-0)
Indirect ophthalmoscope	
Unit IV	
Lensometer, Lens gauges or clock	
Slit lamp	
Tonometers	
Keratometer and corneal topography	
Refractometer	
Orthoptic Instruments (Synaptophore Only)	
Color Vision Testing Devices	
Fields of Vision And Screening Devices	
Scans	
ERG	

**New Instruments** 

# **Practical**

- **1.** Adjustment of Retinoscopes
- 2. Fields of Vision And Screening Devices Scans
- 3. Refractive instruments
- 4. Design of ophthalmoscopes- viewing

# Ocular Anatomy (304)

6(3-1-2)

# Unit I

Central nervous system: Spinal cord and brain stem Cerebellum Cerebrum.

# **Unit II**

Orbit

Eye

Sclera

Cornea

Choroid

Ciliary body

Iris

# **Unit III**

Retina

Refractory media-

Aqueous humor

Anterior chamber

Posterior chamber

# **Unit IV**

Lens

Vitreous body

Eyelids

Conjunctiva

Embryology

# **Practical**

Eye: Practical dissection of bull's eye

Orbit: Practical demonstration of orbital structures

# Ocular physiology (305)

# **Unit-I**

Protective mechanisms in the eye: Eye lids and lacrimation, description of the globe

Extrinsic eye muscles, their actions and control of their movements

Coats of the eye ball

Cornea

# **Unit-II**

Aqueous humor and vitreous: Intra ocular pressure

Iris and pupil

Crystalline lens and accommodation – presbyopia

Retina – structure and functions

Vision – general aspects of sensation

Pigments of the eye and photochemistry

# **Unit-III**

The visual stimulus, refractive errors

Visual acuity, Vernier acuity and principle of measurement

Visual perception – Binocular vision, stereoscopic vision, optical illusions

Visual pathway, central and cerebral connections

Colour vision and colour defects. Theories and diagnostic tests

Introduction to electro physiology

Scotopic and Photopic vision

Color vision, Color mixing

# **Unit-IV**

Mechanism of accommodation

Retinal sensitivity and Visibility

Receptive stimulation and flicker

Ocular, movements and saccades

Visual perception and adaptation

Introduction to visual psychology (Psychophysics)

# **Practical**

- 1. Lid movements
- 2. Tests for lacrimation tests
- 3. Extra ocular movements
- 4. Break up time
- 5. Pupillary reflexes
- 6. Applanation tonometry

- 7. Schiotz tonometry.
- 8. Measurement of accommodation and convergence
- 9. Visual acuity measurement.
- 10. Direct ophthalmoscopy
- 11. Indirect ophthalmoscopy
- 12. Retinoscopy
- 13. Light and dark adaptation.
- 14. Binocular vision( Stereopsis)

4(3-1-0)

# Ocular disease-I (306)

#### Unit –I

Orbit

Applied Anatomy

Proptosis (Classification, Causes, Investigations)

**Enophthalmos** 

Developmental Anomalies (craniosynostosis, Craniofacial Dysostosis,

Hypertelorism, Median facial cleft syndrome)

Orbital Inflammations (Preseptal cellulites, Orbital cellulitis Orbital

Periostitis, cavernous sinus Thrombosis)

Grave's Ophthalmopathy

Orbital tumors( Dermoids, capillary haemangioma, Optic nerve glioma)

Orbital blowout fractures

Orbital surgery (Orbitotomy)

Orbital tumors

Orbital trauma

Approach to a patient with proptosis

# **Unit –II**

Lids

Applied Anatomy

Congenital anomalies (Ptosis, Coloboma, Epicanthus, Distichiasis,

Cryptophthalmos)

Oedema of the eyelids(Inflammatory, Solid, Passive edema)

Inflammatory disorders (Blepharitis, External Hordeolum, Chalazion

,Internalhordeolum, Molluscum Contagiosum)

Anomalies in the position of the lashes and Lid Margin (Trichiasis, Ectropion,

Entropion, Symblepharon, Blepharophimosis, Lagophthalmos,

Blepharospasm, Ptosis).

Tumors (Papillomas, Xanthelasma, Haemangioma, Basal carcinoma,

Squamous cell carcinoma, sebaceous gland melanoma)

Lacrimal System

Applied Anatomy

Tear Film

The Dry Eye (Sjogren's Syndrome)

The watering eye (Etiology, clinical evaluation)

Dacryocystitis

Swelling of the Lacrimal gland( Dacryoadenitis)

# **Unit –III**

Conjunctiva

**Applied Anatomy** 

Inflammations of conjunctiva (Infective conjunctivitis – bacterial, chlamydial, viral, Allergic conjunctivitis, Granulomatous conjunctivitis)

Degenerative conditions( Pinguecula, Pterygium, Concretions)

Symptomatic conditions( Hyperaemia, Chemosis, Ecchymosis, Xerosis,

Discoloration)

**Cysts and Tumors** 

# **Unit –IV**

Cornea

Applied Anatomy and Physiology

Congenital Anomalies (Megalocornea, Microcornea, Cornea plana,

Congenital cloudy cornea)

Inflammations of the cornea (Topographical classifications: Ulcerative

keratitis and Non ulcerative

Etiological classifications: Infective, Allergic, Trophic, Traumatic, Idiopathic))

# Semester 4<sup>th</sup> Clinical examination of visual system (401)

6(3-1-2)

### Unit I

History taking

Visual acuity estimation

Extraocular motility, Cover teat, Alternating cover test

Hirschberg test, Modified Krimsky

**Pupils Examination** 

### Unit -II

Maddox Rod

Van Herrick

External examination of the eye, Lid Eversion

Schirmer's, TBUT, tear meniscus level, NITBUT (keratometer),

Color Vision

### Unit –III

Stereopsis

Confrontation test

Photostress test

Slit lamp biomicroscopy

### Unit -IV

Ophthalmoscopy

Tonometry

**ROPLAS** 

Amsler test

Contrast sensitivity function test

Saccades and pursuit test

# Health care and medicine (402)

# Unit I

Introduction to healthcare delivery system

Healthcare delivery system in India at primary, secondary and tertiary care

Community participation in healthcare delivery system

Health system in developed countries.

**Private Sector** 

# **Unit II**

National Health Mission

National Health Policy

Issues in Health Care Delivery System in India

National Health Programme-Background objectives, action plan, targets, operations, achievements and constraints in various National Heath

Programme.

Introduction to Ayurveda.

Introduction Yoga and Naturopathy

# **Unit III**

Need for integration of various system of medicine

Health scenario of India- past, present and future

Demography & Vital Statistics-

Demography – its concept

Vital events of life & its impact on demography

Significance and recording of vital statistics

Census & its impact on health policy

4(3-1-0)

# **Unit IV**

Epidemiology

Principles of Epidemiology

Natural History of disease

Epidemiology of communicable & non-communicable diseases, disease transmission, host defense immunizing agents, cold chain, immunization, disease monitoring and surveillance.

# Introduction To Quality and Patient Safety (403)

6(3-1-2)

# Unit I

Quality assurance and management - The objective of the course is to help students understand the basic concepts of quality in health Care and develop skills to implement sustainable quality assurance program in the health system.

Concepts of Quality of Care. Quality Improvement Approaches.

Standards and Norms. Quality Improvement Tools.

Introduction to NABH guidelines.

# **Unit II**

Basics of emergency care and life support skills - Basic life support (BLS), sudden cardiac arrest (SCA) and activation of the emergency response system, cardiopulmonary resuscitation (CPR),

Vital signs and primary assessment

Basic emergency care – first aid

Bio medical waste management and environment safety.

Definition of Biomedical Waste, Waste minimization

BMW – Segregation, collection, transportation, treatment and disposal (including color coding)

Liquid BMW, Radioactive waste, Metals / Chemicals / Drug waste

BMW Management & methods of disinfection

Modern technology for handling BMW

Use of Personal protective equipment (PPE)

Monitoring & controlling of cross infection (Protective devices)

#### **Unit III**

HAI (hospital acquired infection)

Prevention & control of common healthcare associated infections,

Components of an effective infection control program, and

Guidelines (NABH and JCI) for Hospital Infection Control

Antibiotic Resistance-

History of Antibiotics

How Resistance Happens and Spreads

Types of resistance- Intrinsic, Acquired, Passive

Trends in Drug Resistance

Actions to Fight Resistance

Bacterial persistence

Antibiotic sensitivity

Consequences of antibiotic resistance

Antimicrobial Stewardship- Barriers and opportunities, Tools and models in hospitals

#### **Unit IV**

Disaster preparedness and management.

Fundamentals of emergency management,

Psychological impact management,

Resource management,

Preparedness and risk reduction,

Key response functions (including public health, logistics and governance, recovery, rehabilitation and reconstruction), information management, incident command and institutional mechanisms.

# **Practical**

- Basics of emergency care and life support skills Basic life support (BLS),
- cardiopulmonary resuscitation (CPR), One- and Two-rescuer CPR
- Vital signs and primary assessment
- Basic emergency care first aid and triage
- BMW Segregation, collection, transportation, treatment and disposal (including color coding)
- Use of Personal protective equipment (PPE)
- Monitoring & controlling of cross infection (Protective devices)

# Optometric optics-II (404)

### Unit I

Spectacle Lenses

Manufacture of glass

Lens materials

Lens surfacing

Principle of surface generation and glass cements

Terminology used in Lens workshop

Lens properties

Lens quality

Faults in lens material

Faults on lens surface

# Unit II

Methods of Inspecting the quality of lenses

Safety standards for ophthalmic lenses (FDA, ANSI, ISI, Others

**Spectacle Frames:** 

Types and parts

Classification of spectacle frames-material, weight, temple position,

Coloration

Frame construction

Frame selection

Size, shape, mounting and field of view of ophthalmic lenses

Tinted & Protective Lenses

# **Unit III**

Characteristics of tinted lenses Absorptive Glasses

Polarizing Filters, Photochromic & Reflecting filters

Safety lenses-Toughened lenses, Laminated Lenses, CR 39, Polycarbonate lenses

Multifocal Lenses:

Introduction, history and development, types

Bifocal lenses, Trifocal & Progressive addition lenses

Reflection from spectacle lens surface & lens coatings:

Reflection from spectacle lenses - ghost images -Reflections in bifocals at the dividing line

# **Unit IV**

Antireflection coating, Mirror coating, Hard Multi Coating [HMC],

Hydrophobic coating

Miscellaneous Spectacle:

Iseikonic lenses

Spectacle magnifiers

Recumbent prisms

Fresnel prism and lenses

Lenticular & Aspherical lenses High Refractive index glasses

# **Practical**

- 1. Methods of Inspecting the quality of lenses
- 2. Antireflection coating, Mirror coating, Hard Multi Coating [HMC],
- 3. Frame construction
- 4. Size, shape, mounting and field of view of ophthalmic lenses

# Ocular disease-II (405)

4(3-1-0)

# Unit-I

Retina and Vitreous:

**Applied Anatomy** 

Congenital and Developmental Disorders (Optic Disc: Coloboma, Drusen,

Hypoplasia, Medullated nerve fibers; Persistent Hyaloid Artery)

Inflammatory disorders (Retinitis: Acute purulent, Bacterial, Virus, mycotic)

Retinal Vasculitis (Eales's)

Retinal Artery Occlusion (Central retinal Artery occlusion)

Retinal Vein occlusion (Ischaemic, Non Ischaemic, Branch retinal vein occlusion)

Retinal degenerations: Retinitis Pigmentosa, Lattice degenerations

# **Unit-II**

Macular disorders: Solar retinopathy, central serous retinopathy, cystoid macular edema, Age related macular degeneration.

Retinal Detachement: Rhegmatogenous, Tractional, Exudative)

Retinablastoma
Diabetic retinopathy

Ocular Injuries: Terminology: Closed globe injury (contusion, lamellar laceration) Open globe injury (rupture, laceration, penetrating injury, perforating injury)

Mechanical injuries (Extraocular foreign body, blunt trauma, perforating injury, sympathetic ophthalmitis)

Non Mechanical Injuries ( Chemical injuries, Thermal, Electrical, Radiational)

Clinical approach towards ocular injury patients

### **Unit-III**

Lens

Applied Anatomy and Physiology

Clinical examination

Classification of cataract

Congenital and Developmental cataract

Acquired (Senile, Traumatic, Complicated, Metabolic, Electric, Radiational, Toxic)

Morphological: Capsular, Subcapsular, Cortical, Supranuclear, Nuclear, Polar.

Management of cataract (Non-surgical and surgical measures; preoperative evaluation, Types of surgeries,)

Complications of cataract surgery

Displacement of lens: Subluxation, Displacement

Lens coloboma, Lenticonus, Microsperophakia

Clinical Neuro-ophthalmology

Anatomy of visual pathway

Lesions of the visual pathway

Pupillary reflexes and abnormalities (Amaurotic light reflex, Efferent pathway defect, Wernicke's hemianopic pupil, Marcus gunn pupil. Argyll Robetson pupil, Adie's tonic pupil)

Optic neuritis, Anterior Ischemic optic neuropathy, Pappilloedema, optic atrophy

Cortical blindness

Malingering

Nystagmus

Clinical examination

# **Unit-IV**

Glaucoma

Applied anatomy and physiology of anterior segment

Clinical Examination

Definitions and classification of glaucoma

Pathogenesis of glaucomatous ocular damage

Congenital glaucoma's

Primary open angle glaucoma

Ocular hypertension

Normal Tension Glaucoma

Primary angle closure glaucoma (Primary angle closure suspect, Intermittent glaucoma, acute congestive, chronic angle closure)

Secondary Glaucoma's

Management : common medications, laser intervention and surgical techniques

Medical Psychology	
(406)	

4(3-1-0)

# Unit –I

Introduction to Psychology Intelligence Learning, Memory, Personality, Motiviation

# Unit –II

Body Integrity – one's body image The patient in his Milen

### Unit –III

The self-concept of the therapist, Therapist-patient relationship – some guidelines

Illness, its impact on the patient

### Unit -IV

Maladies of the age and their impact on the patient's own and others concept of his body image

Adapting changes in Vision

Why Medical Psychology demands commitment?

# **Basic and Ocular Pharmacology (407)**

4(3-1-0)

# Unit I

General Pharmacology:

Introduction & sources of drugs, Routes of drug administration, Pharmacokinetics (emphasis on ocular pharmacokinetics), Pharmacodynamics & factors modifying drug actions

# Unit II

Systemic Pharmacology: Autonomic nervous system: Drugs affecting papillary size and light reflex, Intraocular tension, Accommodation; Cardiovascular system: Anti- hypertensive sand drugs useful in Angina; Diuretics: Drugs used in ocular disorders; Central Nervous System: Alcohol, sedative hypnotics, General & local anaesthetics, Opioids & non-opioids; Chemotherapy: Introduction on general chemotherapy, Specific chemotherapy – Antiviral, antifungal, antibiotics; Hormones: Corticosteroids,

# **Unit III**

Antidiabetics; Blood Coagulants

Ocular Pharmacology: Ocular preparations, formulations and requirements of an ideal agent; Ocular Pharmacokinetics, methods of drug administration & Special drug delivery

system; Ocular Toxicology

### **Unit IV**

Diagnostic & Therapeutic applications of drugs used in Ophthalmology: Diagnostic Drugs & biological agents used in ocular surgery, Anaesthetics used in ophthalmic procedures, Anti-glaucoma drugs; Pharmacotherapy of ocular infections —Bacterial, viral, fungal & chlamydial; Drugs used in allergic, inflammatory& degenerative conditions of the eye; Immune modulators in Ophthalmic practice, Wetting agents & tear substitutes .Antioxidants

# Visual optics-II (408)

4(3-1-0)

### Unit I

Accommodation & Presbyopia

Far and near point of accommodation

Range and amplitude of accommodation

Mechanism of accommodation

Variation of accommodation with age

Anomalies of accommodation

Presbyopia

Hypermetropia and accommodation

# **Unit II**

Convergence:

Type, Measurement and Anomalies

Relationship between accommodation and convergence-AC/A ratio

Objective Refraction (Static & Dynamic)

Streak retinoscopy

Principle, Procedure, Difficulties and interpretation of findings

Transposition and spherical equivalent

# **Unit III**

Dynamic retinoscopy various methods

Radical retinoscopy and near retinoscopy

Cycloplegic refraction

Subjective Refraction:

Principle and fogging

Fixed astigmatic dial(Clock dial), Combination of fixed and rotator dial(Fan and block test), J.C.C

Duochrome test

Binocular balancing- alternate occlusion, prism dissociation, dissociate

Duochrome balance, Borish dissociated fogging

Binocular refraction-Various techniques

# **Unit IV**

Effective Power & Magnification:

Ocular refraction vs. Spectacle refraction

Spectacle magnification vs. Relative spectacle magnification

Axial vs. Refractive ammetropia, Knapp's law

Ocular accommodation vs. Spectacle accommodation

Retinal image blur-Depth of focus and depth of field

# Semester 5<sup>th</sup> Contact Lens-I (501)

6(3-1-2)

### Unit I

Introduction to Contact lenses

Definition

Classification / Types

History of Contact Lenses

Optics of Contact Lenses

Magnification & Visual field

Accommodation & Convergence

Back & Front Vertex Power / Vertex distance calculation

Review of Anatomy & Physiology of

Tear film

Cornea

Lids & Conjunctiva

### Unit II

Introduction to CL materials

Monomers, Polymers

Properties of CL materials

Physiological (Dk, Ionicity, Water content)

Physical (Elasticity, Tensile strength, Rigidity)

Optical (Transmission, Refractive index)

Indications and contraindications

Parameters / Designs of Contact Lenses & Terminology

RGP Contact Lens materials

# **Unit III**

Manufacturing Rigid and Soft Contact Lenses – various methods

Pre-Fitting examination – steps, significance, recording of results

Correction of Astigmatism with RGP lens

Types of fit – Steep, Flat, Optimum – on spherical cornea with spherical lenses

Types of fit – Steep, Flat, Optimum – on Toric cornea with spherical lenses Calculation and finalising Contact lens parameters

Ordering Rigid Contact Lenses – writing a prescription to the Laboratory

Checking and verifying Contact lenses from Laboratory

Modifications possible with Rigid lenses

**Common Handling Instructions** 

Insertion & Removal Techniques

Do's and Dont's

# **Unit IV**

Care and Maintenance of Rigid lenses

Cleaning agents & Importance

Rinsing agents & Importance

Disinfecting agents & importance

Lubricating & Enzymatic cleaners

Follow up visit examination

Complications of RGP lenses

### PRACTICAL

- 1. Measurement of Ocular dimensions
- 2. Pupillary diameter and lid characteristics
- 3. Blink rate and TBUT
- 4. Schrimers test, Slit lamp examination of tear layer
- 5. Keratometry
- 6. Placido's disc
- 7. Soft Contact Lens fitting Aspherical
- 8. Soft Contact Lens fitting Lathecut lenses
- 9. Soft Contact Lens over refraction
- 10. Lens insertion and removal
- 11. Lens handling and cleaning
- 12. Examination of old soft Lens
- 13. RGP Lens fitting
- 14. RGP Lens Fit Assessment and fluorescein pattern
- 15. Special RGP fitting (Aphakia, pseudo phakia & Keratoconus)
- 16. RGP over refraction and Lens flexure
- 17. Examination of old RGP Lens
- 18. RGP Lens parameters
- 19. Slit lamp examination of Contact Lens wearers

# Low Vision Care (502)

### Unit I

Definitions & classification of Low vision Epidemiology of low vision Model of low vision service

# Unit II

Pre-clinical evaluation of low vision patients – prognostic & psychological factors; psycho- social impact of low vision

Types of low vision aids – optical aids, non-optical aids & electronic devices Optics of low vision aids

# **Unit III**

Clinical evaluation – assessment of visual acuity, visual field, selection of low vision aids, instruction & training

Pediatric Low Vision care

## **Unit IV**

Low vision aids – dispensing & prescribing aspects Visual rehabilitation &counseling Legal aspects of Low vision in India Case Analysis

# **Practical**

- 1. Attending in low vision care clinic and history taking.
- 2. Determining the type of telescope and its magnification (Direct comparison method & calculated method)
- 3. Determining the change in field of view with different magnification and different eye to lens distances with telescopes and magnifiers.
- 4. Inducing visual impairment and prescribing magnification.
- 5. Determining reading speed with different types of low vision aids with same magnification.
- 6. Determining reading speed with a low vision aid of different magnifications

4(3-1-0)

# **Geriatric Optometry and Pediatric Optometry** (503)

### Unit I

Structural, and morphological changes of eye in elderly Physiological changes in eye in the course of aging. Introduction to geriatric medicine – epidemiology, need for optometry care, systemic diseases (Hypertension, Atherosclerosis, coronary heart disease, congestive Heart failure, Cerebrovascular disease, Diabetes, COPD) Optometric Examination of the Older Adult

# **Unit II**

Ocular diseases common in old eye, with special reference to cataract, glaucoma, macular disorders, vascular diseases of the eye Contact lenses in elderly

Pharmacological aspects of aging

Low vision causes, management and rehabilitation in geriatrics. Spectacle dispensing in elderly – Considerations of spectacle lenses and frames

# **Unit III**

The Development of Eye and Vision

History taking Paediatric subjects

Assessment of visual acuity

Normal appearance, pathology and structural anomalies of

Orbit, Eye lids, Lacrimal system,

Conjunctiva, Cornea, Sclera Anterior chamber, Uveal tract, Pupil

Lens, vitreous, Fundus Oculomotor system

Refractive Examination

Determining binocular status

# **Unit IV**

Determining sensory motor adaptability

Compensatory treatment and remedial therapy for: Myopia, Pseudomyopia,

Hyperopia, Astigmatism, Anisometropia, Amblyopia

Remedial and Compensatory treatment of Strabismus and Nystagmus

Paediatric eye disorders: Cataract, Retinopathy of

Prematurity, Retinoblastoma, Neuromuscular conditions (myotonic dystrophy, mitochondrial cytopathy), and Genetics

Anterior segment dysgenesis, Aniridia, Microphthalmos, Coloboma, Albinism Spectacle dispensing for children

Paediatric contact lenses

Low vision assessment in children

# Binocular Vision-I (504)

### Unit I

Binocular Vision and Space perception.

Relative subjective visual direction.

Retino motor value

Grades of BSV

SMP and Cyclopean Eye

Correspondence,

Fusion, Diplopia, Retinal rivalry

Horopter

Physiological Diplopia and Suppression

Stereopsis, Panum's area, BSV.

Stereopsis and monocular clues - significance.

Egocentric location, clinical applications.

# Unit II

Theories of Binocular vision.

Anatomy of Extra Ocular Muscles.

Rectii and Obliques, LPS.

Innervation & Blood Supply.

Physiology of Ocular movements.

Center of rotation, Axes of Fick.

Action of individual muscle.

Laws of ocular motility

Donder's and Listing's law

Sherrington's law

Hering's law

Uniocular& Binocular movements - fixation, saccadic & pursuits.

Version & Vergence.

# **Unit III**

Fixation & field of fixation

**Near Vision Complex Accommodation** 

Definition and mechanism (process).

Methods of measurement.

Stimulus and innervation.

Types of accommodation.

Anomalies of accommodation – aetiology and management.

Convergence

Definition and mechanism.

Methods of measurement.

Types and components of convergence - Tonic, accommodative, fusional, proximal.

Anomalies of Convergence – etiology and management.

Sensory adaptations

Confusion

Suppression

Investigations

Management

# **Unit IV**

Blind spot syndrome

Abnormal Retinal Correspondence

Investigation and management

Blind spot syndrome

**Eccentric Fixation** 

Investigation and management

Amblyopia

Classification

Etiology

Investigation

Management

# Systemic Diseases (505)

4(3-1-0)

### Unit I

Hypertension

Definition, classification, Epidemiology, clinical examination, complications, and management.

Hypertensive retinopathy

Diabetes Mellitus

Classification, pathophysiology, clinical presentations, diagnosis, and management, Complications

Diabetic Retinopathy

Thyroid Disease

Physiology, testing for thyroid disease, Hyperthyroidism, Hypothroidism,

Thyroiditis, Thyroid tumors

Grave's Ophthalmopathy

Acquired Heart Disease

Ischemic Heart Disease, Congestive heart failure, Disorders of cardiac rhythm Ophthalmic considerations

# **Unit II**

Cancer:

Incidence

**Etiology** 

Therapy

Ophthalmologic considerations

Connective Tissue Disease

Rheumatic arthritis

Systemic lupus erythematosus

Scleroderma

Polymyositis and dermatomyositis

Sjogren syndrome

Behcet's syndrome

Eye and connective tissue disease

**Tuberculosis** 

Aetiology, pathology, clinical features, pulmonary tuberculosis, diagnosis, complications, treatment tuberculosis and the eye.

Herpes virus (Herepes simplex, Varicella Zoster, Cytomegalovirus, Epstein Barr Virus)

Herpes and the eye

# **Unit III**

Hepatitis (Hepatitis A, B, C)

Acquired Immunodeficiency Syndrome

Anemia (Diagnosis, clinical evaluation, consequences, Sickle cell disease, treatment, Ophthalmologic considerations)

Common Tropical Medical Ailments

Malaria

**Typhoid** 

Dengue

Filariases

Onchocerciasis

Cysticercosis

Leprosy

# **Unit IV**

Nutritional and Metabolic disorders:

Obesity

Hyperlipidaemias

Kwashiorkor

Vitamin A Deficiency

Vitamin D Deficiency

Vitamin E Deficiency

Vitamin K Deficiency

Vitamin B1,B2, Deficiency

Vitamin C Deficiency

Myasthenia Gravis

First Aid

General Medical Emergencies

Preoperative precautions in ocular surgeries

Psychiatry

Basic knowledge of psychiatric condition and Patient Management

Genetics

Introduction to genetics

Organisation of the cell

Chromosome structure and cell division

Gene structure and basic principles of Genetics.

Genetic disorders and their diagnosis.

Genes and the eye

# Research Methodology and Biostatistics (506)

4(3-1-0)

### Unit I

# **Research Methodology**

- 1. Introduction to research methods
- 2. Identifying research problem
- 3. Ethical issues in research
- 4. Research design
- 5. Types of Data
- 6. Research tools and Data collection methods
- 7. Sampling methods
- 8. Developing a research proposal

### **Biostatistics**

1. Basics of Biostatistics

Introduction of Biostatistics

Measures of Morality

Sampling

Statistical significance

Correlation

Sample size determination.

Statistics —Collection of Data - presentation including classification and diagrammatic representation —frequency distribution. Measures of central tendency; measures of dispersion.

Theoretical distributions.

Binomial

Normal

Sampling –necessity of methods and techniques.

Chi. Square test (2 x 2)

- 2. Hospital Statistics
- 3. Use of computerized software for statistics

6(3-1-2)

# Semester 6<sup>th</sup> Contact Lens-II (601)

# Unit I

SCL Materials & Review of manufacturing techniques

Comparison of RGP vs. SCL

Pre-fitting considerations for SCL

Fitting philosophies for SCL

Fit assessment in Soft Contact Lenses: Types of fit – Steep, Flat, Optimum

Calculation and finalising SCL parameters

Disposable lenses

Advantages and availability

Soft Toric CL

# **Unit II**

Stabilization techniques

Parameter selection

Fitting assessment

**Common Handling Instructions** 

Insertion & Removal Techniques

Do's and Dont's

# **Unit III**

Care and Maintenance of Soft lenses

Cleaning agents & Importance

Rinsing agents & Importance

Disinfecting agents & importance

Lubricating & Enzymatic cleaners

Follow up visit examination

### **Unit IV**

Complications of Soft lenses

Therapeutic contact lenses

Indications

Fitting consideration

Specialty fitting

Aphakia

Pediatric

Post refractive surgery

Management of Presbyopia with Contact lenses

# **PRACTICAL:**

- 1. Examination of old soft Lens
- 2. RGP Lens fitting
- 3. RGP Lens Fit Assessment and fluroscein pattern
- 4. Special RGP fitting (Aphakia, pseudo phakia&Keratoconus)
- 5. RGP over refraction and Lens flexure
- 6. Examination of old RGP Lens
- 7. RGP Lens parameters
- 8. Fitting Cosmetic Contact Lens
- 9. Slit lamp examination of Contact Lens wearers
- 10. Fitting Toric Contact Lens
- 11. Bandage Contact Lens
- 12. SPM &Pachymetry at SN During Clinics
- 13. Specialty Contact Lens fitting (at SN during clinics)

# Binocular Vision-II (602)

6(3-1-2)

# Unit I

Neuro-muscular anomalies

Classification and etiological factors

History – recording and significance.

Convergent strabismus

Accommodative convergent squint

Classification

Investigation and Management

Non accommodative Convergent squint

Classification

**Investigation and Management** 

# **Unit II**

**Divergent Strabismus** 

Classification

A& V phenomenon

**Investigation and Management** 

Vertical strabismus

Classification

Investigation and Management

Paralytic Strabismus

Acquired and Congenital

Clinical Characteristics

# **Unit III**

Distinction from comitant and restrictive Squint

Investigations

History and symptoms

Head Posture

**Diplopia Charting** 

Hess chart

**PBCT** 

Nine directions

Binocular field of vision

Amblyopia and Treatment of Amblyopia

Nystagmus

## **Unit IV**

Non-surgical Management of Squint

Restrictive Strabismus

**Features** 

Musculo-fascical anomalies

Duane's Retraction syndrome

Clinical features and management

Brown's Superior oblique sheath syndrome

Strabismus fixus

Congenital muscle fibrosis

Surgical management

# **PRACTICAL:**

Deals with hand-on session the basic binocular vision evaluation techniques.

# Public Health and Community Optometry (603)

4(3-1-0)

# Unit I

Public Health Optometry: Concepts and implementation, Stages of diseases

Dimensions, determinants and indicators of health

Levels of disease prevention and levels of health care patterns

Epidemiology of blindness – Defining blindness and visual impairment

Eye in primary health care

# Unit II

Contrasting between Clinical and community health programs

Community Eye Care Programs

Community based rehabilitation programs

Nutritional Blindness with reference to Vitamin A deficiency

Vision 2020: The Right to Sight

# Unit III

Screening for eye diseases

National and International health agencies, NPCB

Role of an optometrist in Public Health

Organization and Management of Eye Care Programs – Service Delivery models

# **Unit IV**

Health manpower and planning & Health Economics

Evaluation and assessment of health programmes

Optometrists role in school eye health programmes

Basics of Tele Optometry and its application in Public Health

Information, Education and Communication for Eye Care programs

# Practice Management (604)

4(3-1-0)

# Unit I

**Business Management:** 

Practice establishment and development

Stock control and costing

Staffing and staff relations

Business computerization

# **Unit II**

**Accounting Principles** 

Sources of finance

Bookkeeping and cash flow

# **Unit III**

Taxation and taxation planning

# **Unit IV**

Professionalism and Values

Professional values- Integrity, Objectivity, Professional competence and due care, Confidentiality

Personal values- ethical or moral values

Attitude and behaviour- professional behaviour, treating people equally Code of conduct, professional accountability and responsibility, misconduct Differences between professions and importance of team efforts Cultural issues in the healthcare environment

# Occupational Optometry (605)

4(3-1-0)

# Unit I

Introduction to Occupational health, hygiene and safety, international bodies like ILO, WHO, National bodies etc.

Acts and Rules - Factories Act, WCA, ESI Act.

Electromagnetic Radiation and its effects on Eye

# Unit II

Light – Definitions and units, Sources, advantages and disadvantages, standards

Color – Definition, Color theory, Color coding, Color defects, Color Vision tests

### **Unit III**

Occupational hazards and preventive/protective methods

Task Analysis

Industrial Vision Screening – Modified clinical method and Industrial Vision test

# **Unit IV**

Vision Standards - Railways, Roadways, Airlines

Visual Display Units

Contact lens and work

Medical Law and Ethics	4(3-1-0)
(606)	
Unit I  Medical ethics - Definition - Goal - Scope b Introduction to Code of conduct Basic principles of medical ethics - Confidentiality	
Unit I  Malpractice and negligence - Rational and irrational drug therapy Autonomy and informed consent - Right of patients Care of the terminally ill- Euthanasia	
Unit I Organ transplantation Medico legal aspects of medical records – Medico legal case and type- Records and document related to MLC - ownership of medical records - Confidentiality Privilege communication - Release of medical information - Unauthorized disclosure - retention of medical records - other various aspects.	
Unit I Professional Indemnity insurance policy Development of standardized protocol to avoid near miss or sentinel events Obtaining an informed consent.	
Assignment (Project Work) 607	4(4-0-0)
7 <sup>th</sup> Semester	
Internship (Clinical Optometry-I) 6 months	
8 <sup>th</sup> Semester	
Internship (Clinical Optometry-II) 6 months	
	Unit I  Medical ethics - Definition - Goal - Scope b Introduction to Code of conduct Basic principles of medical ethics - Confidentiality  Unit I  Malpractice and negligence - Rational and irrational drug therapy Autonomy and informed consent - Right of patients Care of the terminally ill- Euthanasia  Unit I  Organ transplantation  Medico legal aspects of medical records - Medico legal case and type- Records and document related to MLC - ownership of medical records - Confidentiality Privilege communication - Release of medical information - Unauthorized disclosure - retention of medical records - other various aspects.  Unit I  Professional Indemnity insurance policy Development of standardized protocol to avoid near miss or sentinel events Obtaining an informed consent.  Assignment (Project Work) 607  7th Semester  Internship (Clinical Optometry-I) 6 months