

Department of Philosophy
 Kurukshetra University Kurukshetra
 Scheme of Examination and Syllabus of Certificate Course in Bhagavadgita
 Under Credit Based System
 w.e.f. 2020-21

Sem.	Paper	Nomenclature of paper	Contact hours	Credits (Theory +Practical)	Internal marks	External Marks	Total	Duration of Exam
I	101	Fundamental Concepts of Bhagavad-Gita-I	4	4	20	80	100	3Hrs
I	102*	Bhagavad-Gita & Art of Meditation-I	4	4	---	---	100	As per schedule decided by the Department
II	201	Fundamental Concepts of Bhagavad-Gita-II	4	4	20	80	100	3Hrs
II	202*	Bhagavad-Gita & Art of Meditation-II	4	4	---	--	100	As per schedule decided by the Department

**Note- *Paper No. 102 and 202 each contain Practical-50 Marks +Viva-voce
 50Marks=100Marks**

**DEPARTMENT OF PHILOSOPHY
KURUKSHETRA UNIVERSITY, KURUKSHETRA**

Paper No.101: Fundamental Concepts of Bhagavad-Gita-I

Maximum Marks =100

Theory-80

Internal Assessment -20

Time: 3 Hours

Credit:-4

Instructions: The paper-setter is requested to set **Nine** questions in all i.e., One Compulsory objective type question (8x2) without any choice, equitably distributed over the whole syllabi and Two Questions from Each Unit equitably spread over the concerned unit. Examinees will have to attempt **Five** questions in all, selecting one question from each unit and **One Objective Type Question**. All questions carry equal marks.

Course Outcome: CO-101.1 After studying the First Unit, the student will be able to understand the basic epistemological concepts of Charvaka and Jainism. CO-101.2 The Second Unit will make students to understand the basic concepts of Buddhism and Nyaya theory of Knowledge. CO-101.3 After studying the Third Unit, the students will able to answers questions regarding various concepts of Vaishesika and Sankhya -Yoga Philosophy. CO-101.4 The study of the Fourth Unit will help the students to understand the philosophy of Shankracharya and Ramanujacharya.

Unit-I History and Background of Srimad-Bhagavadgita; The Gita and its Commentaries; Different Ways to attain Liberation: *Karmayoga, Jnana Yoga, Bhaktiyoga*.

Unit-II Understanding the Self and the Supreme; Characteristics of Individual Soul (*Jiva*). *Sthitaprajna* as an Ideal Person of the Gita; Concept of *Dharmakshetra Kurukshetra*.

Unit-III Meaning of *Arjun Vishad Yoga; Karma* and Kinds of *Karma*; Karmayoga and its Importance; Contemporary Relevance of *Karma Yoga; Sakama Karma* and *Nishkama Karma Yoga*.

Unit- IV Karmyogi as an Ideal Person of Gita; Divine and Demoniatic Qualities (*Aasuri-sampad and daivi-sampad*); Concept of *Karma, Akarma and Vikrama*; Concept of *Swadharna*

Suggested Books:-

1. *Srimad-Bhagavadgita*: Original Text.
2. *Srimadbhagavatam* 10 Vols. A.C. Prabhupada, BBT, Bombay, NewYork.
3. *Bhagavadgita as it is – His Divine Grace*: A.C. Bhaktivedanta Swami Prabhupada, Bhaktivedanta Book, Mumbai, 2009.
4. *Srimadbhagavadgita Sankara Bhasya* (Hindi), Gita Press, Gorakhpur.
5. *Srimadbhagavadgita Rahasaya*: B.G. Tilak, Tilak Brothers Publication, Poona.
6. *Essays in the Gita*: Sri Aurobindo, Sri Aurobindo Ashram, Pandichery.
7. *The Gita in the Light of Modern Science*: R.B.Lal, Somaiya Publication, Bombay
8. *Gita Darshan*; OSHO (Vol. 1-8) Osho international foundation, Puna.
9. *Mai Shri Krishan Bol Raha Hu*. Acharya Shilak Ram. Vedic Yogashala,

**DEPARTMENT OF PHILOSOPHY
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Paper – 102: Bhagavad-Gita & Art of Meditation-I

Part - A: Practical - 50 Marks

Part - B: Viva-Voce - 50 Marks

Total - 100 Marks

Credit:-4

Objectives: The Paper No. II is designed to enhance inward development of Human Beings by attaining the mental peace and spiritual enlightenment through the teachings of the Bhagavadgita.

Instructions: There will be no written test in the Paper No.II. This paper is divided in Two Parts i.e. Part-A & Part-B. Part- A: Practical - 50 Marks & Part – B: Viva-Voce- 50 Marks

Unit-I Meaning, Definition of the Concept of Meditation; Meditation and its Necessity in the Age of Globalization; Art of Meditation; Meditation and its kinds.

Unit-II Way to gain Knowledge; Role and Relevance of Sankirtana in Human Life; Ekagrta and Meditation; Dharna and Meditation.

Unit-III Different Methods of Yoga: (i).Through control on mental modifications; (ii).Through awareness of mental modifications; (iii). Through perfection in actions; (iv). Through equanimity of mind; (v); Through meditating on God and depending on God only;

Unit -IV Concentration Method; Concept of *yoga karmsu kaushalam*; Concept of *samtvam yoga uchayte*; Concept of *trividh tapa*.

Suggested Books:-

I. *Srimad-Bhagavadgita*: Original Text.

II. *Srimadbhagavatam* 10 Vols. A.C. Prabhupada, BBT, Bombay, NewYork.

III. *Bhagavadgita as it is – His Divine Grace*: A.C. Bhaktivedanta Swami Prabhupada, Bhaktivedanta Book, Mumbai, 2009.

IV. *Srimadbhagavadgita Sankara Bhasya* (Hindi), Gita Press, Gorakhpur.

V. *Srimadbhagavadgita Rahasaya*: B.G. Tilak, Tilak Brothers Publication, Poona.

VI. *Essays in the Gita: Sri Aurobindo*, Sri Aurobindo Ashram, Pandichery.

VII. *Kant and Gita: K.M.P. Verma*, Classical Publication, New Delhi.

VIII. *Bhagavadgita for Executives*: V. Ramanathan, Bhartiya Vidya Bhavan, Bombay.

**DEPARTMENT OF PHILOSOPHY
KURUKSHETRA UNIVERSITY, KURUKSHETRA**

Paper No.201: Fundamental Concepts of Bhagavad-Gita-II

**Maximum Marks :100
Theory:80
Internal Assessment:20
Time: 3 Hours
Credit-4**

Instructions: The paper-setter is requested to set **Nine** questions in all i.e., One Compulsory objective type question (8x2) without any choice, equitably distributed over the whole syllabi and Two Questions from Each Unit equitably spread over the concerned unit. Examinees will have to attempt **Five** questions in all, selecting one question from each unit and **One Objective Type Question**. All questions carry equal marks.

Course Outcome: CO-201.1 After studying the First Unit, the student will be able to understand the basic epistemological concepts of Charvaka and Jainism. CO-201.2 The Second Unit will make students to understand the basic concepts of Buddhism and Nyaya theory of Knowledge. CO-201.3 After studying the Third Unit, the students will able to answers questions regarding various concepts of Vaishesika and Sankhya -Yoga Philosophy. CO-201.4 The study of the Fourth Unit will help the students to understand the philosophy of Shankracharya and Ramanujacharya.

Unit – I. Nature of Purush(Self); Prakriti and its three modes; Time (Kala) and its Influence; Dhyana Yoga;. Science and ne-Science (Vidya and Avidya).

Unit-II Concept of Yajyarth Vichar; Kshetraajaya-Vichar; Nirguna-Saguna Vichar; Concept of Trigunatit; Concept of Sthitaprajya.

Unit-III Bhakti Yoga and its practices; Six qualities of God & realization of the Supreme Person (God); Relevance of Bhakti in modern times; Enlightenment (Liberation) as the Ultimate goal of Man’s Life.

Unit-IV Concept of *Om tat sat*; Concept of *Divya Chakshu*; Concept of *mamaivansh*; *Yogabhrasht gati*; Concept of *Swadharma nidhnam shreya*.

Suggested Books:-

1. *Srimad-Bhagavadgita*: Original Text.
2. *Srimadbhagavatam* 10 Vols.: A.C. Prabhupada, BBT, Bombay, NewYork.
3. *Bhagavadgita as it is – His Divine Grace*: A.C. Bhaktivedanta Swami Prabhupada, Bhaktivedanta Book, Mumbai, 2009.
4. *Srimadbhagavadgita Sankara Bhasya* (Hindi), Gita Press, Gorakhpur.
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6. *Essays in the Gita*: Sri Aurobindo, Sri Aurobindo Ashram, Pandichery.
7. *The Gita in the Light of Modern Science*: R.B.Lal, Somaiya Publication, Bombay
8. *Gita Darshan*; OSHO (Vol. 1-8) Osho international foundation, Puna.
9. *Mai Shri Krishan Bol Raha Hu*. Acharya Shilak Ram. Vedic Yogashala, Kurukshetra

**DEPARTMENT OF PHILOSOPHY
KURUKSHETRA UNIVERSITY KURUKSHETRA
Certificate Course in Bhagavad-Gita**

Paper – 202: Bhagavad-Gita & Art of Meditation-II

Part - A: Practical - 50 Marks
Part - B: Viva-Voce - 50 Marks
Total - 100 Marks
Credit-4

Objectives: The Paper No. II is designed in order to enhance the inwardly development of Human Beings by attaining the mental peace and spiritual enlightenment through Bhagavadgita.

Instructions: There will be no written test in the Paper No. II. This paper is divided in Two Parts i.e. Part-A & Part-B. Part – A: Practical - 50 Marks & Part B: VivaVoce- 50 Marks.

Unit-I Importance of Karma in life. Relevance of Inner Change; Importance of social service; Importance of doing one's actions according to one's capabilities; My station and its duties.

Unit-II Duty for the sake of World solidarity and its importance in Contemporary Times. Trividh Aahar- Vihar; *Yuktahar viharshas*; Concept of Trividha Shrdha; Concept of Trividh -Yajya

Unit-III Benefits of Meditation (Samadhi / Yoga): Benefits of Meditation in Mental Disorder, Memory-Loss, Psycho-Somatic Diseases, Mental-Stress

Unit-IV Anger and other Psychic Problems Suicide, Terrorism, Blind Faith, Rajrishi; Politician and Meditation

Suggested Books:-

- I. *Srimad-Bhagavadgita*: Original Text.
- II. *Srimadbhagavatam* 10 Vols.: A.C. Prabhupada, BBT, Bombay, New York.
- III. *Bhagavadgita as it is – His Divine Grace*: A.C. Bhaktivedanta Swami Prabhupada, Bhaktivedanta Book, Mumbai, 2009.
- IV. *Srimadbhagavadgita Sankara Bhasya* (Hindi), Gita Press, Gorakhpur.
- V. *Srimadbhagavadgita Rahasaya*: B.G. Tilak, Tilak Brothers Publication, Poona.
- VI. *Essays in the Gita*: Sri Aurobindo, Sri Aurobindo Ashram, Pandichery.
- VII. *Kant and Gita*: K.M.P. Verma, Classical Publication, New Delhi.
- VIII. *Bhagavadgita for Executives*: V. Ramanathan, Bhartiya Vidya Bhavan, Bombay.