## STAREX UNIVERSITY GURUGRAM



# **DEPARTMENT OF PSYCHOLOGY** School of Humanities

M.A. Psychology Programme Scheme of Examination and Syllabi

(2021-22)

#### **Scheme of Examination**

#### Semester- I

	SCHEME OF EXAMINATIONS FOR M.A. PSYCHOLOGY						
		SEMESTE	R I				
			Scheme				Credits
Paper/Course Code	Nomenclature of Paper/Course	Nature of the papers	Theory	Internal	Practical	Total	(L+T+P) = Total
0110101	Cognitive Psychology- I (CC)	Compulsory	75	25	_	100	4+0+0=4
0110102	Social Psychology (CC)	Compulsory	75	25	-	100	4+0+0=4
0110103	Neuropsychology (CC)	Compulsory	75	25	-	100	4+0+0=4
0110104	Foundations of Psychological Research (CC)	Compulsory	75	25	-	100	4+0+0=4
0110105	Practical (CC)	Compulsory	-	-	50	50	0+0+4=4
	Tot	al		1			20

#### **Scheme of Examination**

#### Semester- II

	SCHEME OF EXAMINATIONS FOR M.A. PSYCHOLOGY							
	SE	MESTER II						
				Sch	Credits			
Paper/Cours e Code	Nomenclature of Paper/Course	Nature of the papers	Theory	Internal	Practical	Total	(L+T+P) = Total	
0110201	Counseling Psychology (CC)	Compulsory	75	25	-	100	4+0+0=4	
0110202	Cognitive Psychology- II (CC)	Compulsory	75	25	-	100	4+0+0=4	
0110203	Research Methods & Statistics (CC)	Compulsory	75	25	-	100	4+0+0=4	
0110204	Developmental Psychology (CC)	Compulsory	75	25	-	100	4+0+0=4	
0110205	Community mental Health (EC)	Compulsory	75	25	-	100	4+0+0=4	
0110206	Practical (CC)	Compulsory	-	-	50	50	0+0+4=4	
	Tota	1	ı		1	1	24	

#### **Scheme of Examination**

#### Semester- III

	SCHEME OF EXAMINATIONS FOR M.A. PSYCHOLOGY						
		SEMESTER	R III				
			Scheme				Credits
Paper/Course Code		Nature of the papers	Theory	Internal	Practical	Total	(L+T+P) = Total
0110301	Psychopathology (CC)	Compulsory	75	25	-	100	4+0+0=4
0110302	Organizational Behavior (CC)	Compulsory	75	25	-	100	4+0+0=4
0110303	Psychological Measurement & Testing (CC)	Compulsory	75	25	-	100	4+0+0=4
0110304	Foundation of Indian Psychology (OE)	Compulsory	75	25	-	100	2+0+0=2
0110305	Life Skill and Personality Development (EC)	Compulsory	75	25	-	100	4+0+0=4
0110306	Practical (CC)	Compulsory	-	-	50	50	0+0+4=4
	Total						22

#### **Scheme of Examination**

#### Semester- IV

		SEMESTER	R IV				
		Nature of the papers	Scheme				Credits
	Nomenclature of Paper/Course		Theory	Internal	Practical	Total	(L+T+P) = Total
0110401	Clinical Intervention (CC)	Compulsory	75	25	-	100	4+0+0=4
0110402	Psychology of Emotion (CC)	Compulsory	75	25	-	100	4+0+0=4
0110403	Psychology of Personality (OE)	Compulsory	75	25	-	100	2+0+0=2
0110404	Emotion and Well- Being (EC)	Compulsory	75	25	-	100	4+0+0=4
0110405	Positive Psychology (EC)	Compulsory	75	25	-	100	4+0+0=4
0110406	Project/Dissertation (CC)	Compulsory	_	-	50	50	0+0+4=4

	SYLLABUS				
M.A. PSYCHOLOGY					
SEMESTER-I					
Cognitive Psy	chology- I	Marks: 75			
Paper Code	0110101 Internal Assessment: 25				
Credit	4	Time Allowed: 3 hours			
<b>Objective:</b> This	paper helps the students to learn about the c	origin of cognitive psychology			
and its emergen	ce as a modern field of psychology such as co	ognitive neuroscience and			
artificial intellig	ence. It also takes into account the various c	ognitive processes such as			
attention, perce	ption, learning and memory.				
Instructions for	students and examiners:				
1.	The question paper will consist of nine questions. The c	andidates shall attempt five questions			
	in all. Each question will carry 12 marks.				
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type				
	questions of 3 marks each spread over the whole syllabus.				
UNIT-I	An Introduction to Cognitive Psychology				
	The Origins of Cognitive Psychology, Emergence of Modern Cognitive				
	Psychology, Cognitive Neuroscience, Artifici	al Intelligence			
UNIT-II	Perceptual Processes				
	Visual and Auditory Recognition: Introduction	n, Background on visual Object			
	Recognition, Top-down Processing, Face P	Perception, Speech Perception,			
	Attention and Consciousness, Introduction	, Three Kinds, of Attention			
	Processes, Explanations for Attention, Consci	ousness			
UNIT-III	Working Memory				
	Introduction, The Classic Research on W	orking Memory (Short Term			
	Memory), The Working Memory Appro	oach, Long Term Memory,			
	Introduction, Encoding in Long-Term Mem	ory, Retrieval in Long- Term			
	Memory, Autobiographical Memory, Memor	y Strategies: Introduction			
UNIT-IV	Mental Imagery and Cognitive Maps				
	Introduction, The Characteristics of Mental I	mages, Cognitive Maps			
Reference					

1.	Matlin, M. W. (2009). Cognition. New Jersey, USA: John Wiley & sons.
2.	Smith, E. E. & Kosslyn, S. M. (2014). Cognitive Psychology: Mind and
	Brain. Pearson Educating Limited, Edinburg Gate Harlow.
3.	Matlin, M. W. & Farmer, T. A. (2017). Cognition. New Jersey, USA: John
	Wiley & sons.

Social Psycho	ology	Marks: 75		
Paper Code	0110102	Internal Assessment: 25		
Credit	4	Time Allowed: 3 hours		
<b>Objective:</b> This	paper helps the students to learn about the l	historical evolution of social		
psychology in w	vestern and eastern perspectives, and method	lologies used to infer social		
phenomenon. It	t also focuses on various theories related to co	onformity, compliance,		
obedience, self-	categorization and group dynamics.			
-	students and examiners:			
1.	The question paper will consist of nine questions. The c	candidates shall attempt five questions		
1.	in all. Each question will carry 12 marks.			
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type			
	questions of 3 marks each spread over the whole syllabus.			
UNIT-I	Introduction to Social Psychology			
	Social Psychology: History; Evolution of soc	cial Psychology in Western and		
	Indian perspectives, Methodological issues: S	Scientific method: Experiments,		
	Survey, interviews, qualitative: Discourse and	alysis.		
UNIT-II	Social Influence			
	Attitudes and Attitude Change: Attitude For	rmation, attitude and behavior,		
	Theories of Attitudes change: Cognitive diss			
	Change: Conformity, Compliance; Obedien			
	minority influence and social change, Social			
UNIT-III	Theories of Social Psychology			

	Symbolic Interactionism, Self-categorization and Status Characteristics
	Theory, Reactance Theory, Fromm's view of love, Goffman's theory of
	Stigma
UNIT-IV	Group processes
	Decision making and Performance, Intergroup conflict, Crowd and social
	movements, Negotiation and peace- making, Sustainable future.
Reference	
1.	Mayers, D. G. (2012). Exploring Social Psychology. (8th ed.). New York: McGraw Hill Companies.
2.	Baron, R. A., & Branscombe, N. R. (2012). Social Psychology (13th ed.). United Stated of America: Pearson Education, Inc.
3.	Kassin, S., Fein, S. & Markus, H. R. (2011). Social Psychology (8th ed.). USA: Wadsworth, Cengage Learning
4.	Bordens, K. S., & Horowitz, I. A. (2008). Social Psychology (3rd ed.). USA: Free Load Press

	SYLLABUS					
	M.A. PSYCHOLOGY					
	SEMESTER-I					
Neuropsychol	ogy	Marks: 75				
Paper Code	0110103 Internal Assessme					
Credit	4	Time Allowed: 3 hours				
<b>Objective:</b> This	paper helps the students to learn and under	stand the concepts of brain				
physiology in re	lation to human psychology. It also includes	the clinical studies on				
specific brain pa	specific brain parts and their functional attributes governing an individual's behavior					
and its applicati	on.					
Instructions for	students and examiners:					
1.	The question paper will consist of nine questions. The candidates shall attempt five questions					
	in all. Each question will carry 12 marks.					
2.	Question no. 1 will be compulsory. The question no	. 1 will contain 4 short answer type				
	questions of 3 marks each spread over the whole syllab	us.				
UNIT-I	Introduction					
	The Discipline of Neuropsychology, Histor	ical Background, Nerve Cell:				
	Basic Structure, Types and functions, The Structure of the Nervous System					
UNIT-II	Clinical Studies on Frontal and Temporal	Lobes				

	The Frontal Lobes: Intelligence, The Motor and Premotor Cortex, The				
	Prefrontal Cortex, Broca's Area, The Temporal Lobe: Attention, Memory and				
	Personality				
UNIT-III	Clinical Studies on Parietal and Occipital Lobes				
	The Parietal Lobes: Somatosensory Perception, Apraxia and Short-Term				
	Memory; The Occipital Lobe: Basic Visual Functions, Visual Perceptual				
	Function and Blind Sight; The Lateralization of Language				
UNIT-IV	Individual Differences and Applications				
	Gender Differences in Cerebral Organization and Handedness;				
	Neuropsychological Practice, Neuropsychiatry and Neuropsychology				
Reference					
1.	Beaumont, J. G. (2008). Introduction to Neuropsychology (Second Edition), The Guilford Press, New York				
2.	Elias, L. & Saucier, D. (2014). Neuropsychology: Clinical and experimental foundations, Pearson Education Limited, Essex, England.				

	SYLLABUS				
	M.A. PSYCHOLOGY				
	SEMESTER-I				
Foundations of	of Psychological Research	Marks: 75			
Paper Code	0110104 Internal Assessment				
Credit	4	Time Allowed: 3 hours			
<b>Objective:</b> This	paper helps the students to learn and under	stand the scientific approach			
for carrying out	psychological research and the basic concep	pts related to sampling,			
variance control	l, classification of research design and hypot	hesis testing.			
Instructions for	students and examiners:				
1.	The question paper will consist of nine questions. The candidates shall attempt five questions				
	in all. Each question will carry 12 marks.				
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type				
	questions of 3 marks each spread over the whole syllabus.				
UNIT-I	Science and scientific Approach				

	Science and common sense, four methods of knowing, Aims of Science,			
	Scientific Explanation and theory, Scientific Research and scientific			
	Approach, Research, problem, Hypothesis and variables			
UNIT-II	Sampling & Designs of Research			
	Sampling: Definition, Probability Sampling, random variable and			
	randomness, Nonprobability Sampling, Sample size, Distinction between			
	representative and random sample, Research Design. Definition. Meaning.			
	Objectives. Variance Control, Classification of Research Design			
UNIT-III	Statistical Inference			
	Basic Concepts: Sample and Population. Statistics and Parameter. Sampling			
	Distribution and Statistical Inference. Standard Error and Logic of			
	Significance Tests. Logic of Null hypothesis- Definition. 2×2 Decisions			
	Table- Type-I and Type-II Error. Power. Ways to Increase Power. Sample			
	Size and Power. Power and Error Variance. One-Tailed and Two- Tailed			
	Rejection Region, Significance of Mean in large Samples, Significance of			
	Mean in Small Samples.			
UNIT-IV				
UNIT-IV	Between-groups and Within-group Designs			
	Introduction to t Statistics: Hypothesis tests and measuring effect size with t			
	Statistics, The t Test for two independent sample: Hypothesis test and effect			
	size with independent t Statistics, assumptions underlying independent			
	measures of t test, The t Test for repeated measures design: Hypothesis test			
	and effect size for repeated measures design, use and assumptions for			
	repeated measures t test.			
Reference				
1.	Gravetter, W. (2013). Statistics in Behavioral Sciences. Tata McGraw-Hill.			
2.	Kerlinger, F. N. (2007). Foundations of Behavioral Research. Surjeet Publication.			
3.	Garrett, H. E. (1966). Statistics in Psychology and Education. ND: Paragon International Publishers.			
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	SYLLABUS	
	M.A. PSYCHOLOG	Y
	SEMESTER-I	
Practical Marks: 40		
Paper Code	0110105	Internal Assessment: 10
Credit	2	Time Allowed: 3 hours
Instructions for	students and examiners:	
<b>Objective:</b>	To apply the concepts of psychology in real world.	
	Any two practical based on Social Psychology (0110102)	

SYLLABUS			
M.A. PSYCHOLOGY			
	SEMESTER-II		
COUNSELLIN	COUNSELLING PSYCHOLOGY Marks: 75		
Paper Code	0110201	Internal Assessment: 25	
Credit	4	Time Allowed: 3 hours	
Objective: This paper helps the students to learn and understand the nature and goals of counselling; personality characteristics of an effective counselor; therapies that are used in for counselling and its application in several domains of our lives.			
Instructions for students and examiners:			

1.	The question paper will consist of nine questions. The candidates shall attempt five questions	
1.		
	in all. Each question will carry 12 marks.	
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type	
	questions of 3 marks each spread over the whole syllabus.	
UNIT-I	Introduction: Nature and Goals; Counselling as a profession: Professional	
	Ethics, Personality Characteristics; Status of Counselling Psychology in India	
UNIT-II	Counselling Process, Counselling relationship, stages of Counselling	
UNIT-III	Techniques of Counselling: Psychoanalytic Techniques; Behavioral	
	Techniques; Cognitive Techniques; Indian Techniques: Yoga and Meditation	
UNIT-IV	Applications: Child Counselling; Family Therapy; Career Counselling; Crisis	
	Intervention: Suicide, Grief, and Sexual Abuse	
Reference	e	
1.	Gladding, S. T. (2012). <i>Counselling: A Comprehensive Profession</i> . (7th Ed) New Delhi. Pearson.	
2.	Corey, G. (2009). <i>Counselling and Psychotherapy: Theory and Practice</i> (7th Ed.) New Delhi: Cengage Learning.	
3.	<ul> <li>Friedlander, M.L. &amp; Diamond, G.M. (2012). Couple and Family Therapy. In E.M. Altmaier and J.C. Hansen (Eds.) <i>The Oxford Handbook of Counselling Psychology</i>. New York: Oxford University Press</li> </ul>	
4.	<ul> <li>University Press</li> <li>Hansen, J.C. (2012). Contemporary Counselling Psychology. In E. M. Altmaier and J.C.</li> <li>Hansen (Eds). <i>The Oxford Handbook of Counselling Psychology</i>. New York: Oxford University Press.</li> </ul>	
5.	Rao, K. (2010). Psychological Interventions: From Theory to Practice. In G. Misra (Ed): <i>Psychology in India. Volume 3: Clinical and Health Psychology.</i> New Delhi. ICSSR/Pearson.	

SYLLABUS			
	M.A. PSYCHOLOGY		
SEMESTER-II			
COGNITIVE I	SYCHOLOGY- II	Marks: 75	
Paper Code	0110202	Internal Assessment: 25	
Credit	4	Time Allowed: 3 hours	

Objective: This paper helps the students to learn and understand the general structure of a memory, its basic unit, language acquisition, problem solving, decision making and creativity.

Instructions fo	r students and examiners:		
1.	The question paper will consist of nine questions. The candidates shall attempt five questions		
	in all. Each question will carry 12 marks.		
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type		
	questions of 3 marks each spread over the whole syllabus.		
UNIT-I	General Knowledge Introduction, the Structure of Semantic Memory, Network Models, Schemas and Scripts		
UNIT-II	Language I		
	Introduction, the Nature of Language, Basic Reading Processes, Understanding Discourse		
UNIT-III	Language II Speaking, Writing, Bilingualism and Second-Language Acquisition		
UNIT-IV	Problem Solving and Creativity           Introduction, Understanding the Problem, Problem-Solving Strategies,           Factors that Influence Problem Solving, Creativity, Deductive Reasoning and           Decision Making		
Reference			
1.	Matlin, M. W. (2009). Cognition. New Jersey, USA: John Wiley & sons.		
2.	Smith, E. E. & Kosslyn, S. M. (2014). Cognitive Psychology: Mind and Brain. Pearson Educating Limited, Edinburg Gate Harlow.		
3.	Matlin, M. W. & Farmer, T. A. (2017). Cognition. New Jersey, USA: John Wiley & sons.		

M.A. PSYCHOLOGY		
RESEARCH METHODS & STATISTICS Marks: 75		

Paper Code	0110203	Internal Assessment: 25	
Credit	4	Time Allowed: 3 hours	
<b>Objective:</b> This	paper helps the students to learn and under	stand the basic concepts of	
research, resear	research, research methods and designs. It focuses on the statistical methods such as chi-		
square, t-test, A	square, t-test, ANOVA, correlation and regression.		
Instructions for	students and examiners:		
1.	The question paper will consist of nine questions. The candidates shall attempt five questions in all. Each question will carry 12 marks.		
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type questions of 3 marks each spread over the whole syllabus.		
UNIT-I	Introduction Basic Concepts of Research; Research methods; Design and classification: Ex post facto, correlational and experimental.		
UNIT-II	ANOVA and Factorial Design Introduction to ANOVA: Logic of Analysis of Variance, Notations, Formulas, Distribution of F-Ratios. Assumptions of ANOVA. Definition and Advantages of Factorial Design. ANOVA for 2×2 Factorial Design: (i) For Independent Measures. (ii) For Repeated Measures.		
UNIT-III	Non-parametric Statistics Basic Assumptions of Parametric Statistics. Comparison between Parametric and Non- Parametric Statistics. Kruskal-Wallis H-Test. Chi-Square Test: for Goodness-of-Fit. For Testing Independence. Assumption and Restrictions of Chi-Square Test.		
UNIT-IV	Regression and Prediction The Regression Equations, accuracy of prediction and factors affecting the interpretation of r. Partial and Multiple Correlation		
Reference			
1.	Gravetter, W. (2013). Statistics in Behavioral Scie	ences. Tata McGraw-Hill.	
2.	Kerlinger, F. N. (2007). Foundations of Behaviora	al Research. Surjeet Publication.	
3.	Garrett, H. E. (1966). Statistics in Psychology and Education. ND: Paragon International Publishers.		

	SYLLABUS			
	M.A. PSYCHOLOGY			
	SEMESTER-II			
DEVELOPMENTAL PSYCHOLOGY Marks: 75				
Paper Code	0110204 Internal Assessment: 25			
Credit	4	Time Allowed: 3 hours		
Objective: This paper helps the students to learn and understand the concept of human				
development, it	s conceptual theories and stages of life span o	levelopment including		
physical, cognit	ive, emotional, language, moral and personal	lity development. It also		
focuses on diffe	rent socio-cultural context that influence hur	nan development.		
Instructions for	students and examiners:			
1.	The question paper will consist of nine questions. The c	candidates shall attempt five questions		
	in all. Each question will carry 12 marks.			
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type			
	questions of 3 marks each spread over the whole syllabus.			
UNIT-I	Introduction			
	Concept of Human Development, Theories, themes and research designs			
UNIT-II	Periods of Life Span Development			
	Prenatal development, Birth and Infancy, Childhood, Adolescence,			
	Adulthood			
UNIT-III	Domains of Human Development			
	Cognitive development: perspectives of Piaget and Vygotsky, Language			
	development, Physical development, Emotional development, Moral			
	development, Personality development			
UNIT-IV	Socio-Cultural Contexts for Human Development			
	Family, Peers, Media & Schooling, Human Development in the Indian			
	context			
Reference				
1.	Berk, L. E. (2010). <i>Child Development</i> (9 <sup>th</sup> ed.). New D	Delhi: Prentice		
2.	Mitchell, P. and Ziegler, F. (2007). <i>Fundamentals of</i> Childhood. NewYork: Psychology Press.	of development: The Psychology of		
3.	Papalia, D. E., Olds, S.W., & Feldman, R.D. (2006). <i>Human development</i> (9 <sup>th</sup> ed.). New Delhi: McGraw Hill.			
4.	Santrock, J.W. (2012). <i>Life Span Development</i> (13 <sup>th</sup> ed.). New Delhi: McGraw Hill.			

SYLLABUS		
	M.A. PSYCHOLOGY	
	SEMESTER-II	
COMMUNITY N	DMMUNITY MENTAL HEALTH   Mark	
Paper Code	0110205 Internal Assessment:	
Credit	4 Time Allowed: 3 hour	
<b>Objective:</b> This	paper helps the students to learn the history	and development of
community mer	ntal health in India; its relevance and challen	ges related to deliverance of
community heal	lth services in India. Social dimensions, emer	gent issues of community
mental health a	nd strategies used to provide and maintain c	ommunity mental health is
also been focuse		·
Instructions for	students and examiners:	
1.	The question paper will consist of nine questions. The candidates shall attempt five questions	
	in all. Each question will carry 12 marks.	
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type	
	questions of 3 marks each spread over the whole syllabus.	
UNIT-I	Introduction to Community Mental Health (CMH)-	
	History & Development of Community mental health, Community mental health in	
	India-relevance, challenges, historical evolution of community health services in	
	India	
UNIT-II	Social dimensions of CMH-	
	Family and mental health in India, stigma and mental illness, disability and	
	functioning, homelessness	
UNIT-III	Emergent Issues and CMH-	
	Farmers' suicidal behavior and suicide preven	tion, disaster management from
	mental health perspective	
UNIT-IV	Strategies	
	Integrating mental health services in general he	alth care- issues and challenges,

mental health literacy and education, addressing social stigma and social inclusion,

	community based intervention-role of governmental and non-governmental organizations, self-help groups, role of psychiatry and counseling, psychosocial rehabilitation	
Reference		
1.	Bloom, B. L. (1977). Community mental health: A general introduction. Brooks/Cole.	
2.	Chavan, B. S., Gupta, N., Arun, P., Sidana, A., & Jadhav, S. (2012). Community mental health in India. Jaypee Brothers Medical Publishers (P) Limited.	
3.	Jacob, K. (2013). Community mental health in India. Indian Journal of Psychiatry, 55(2), 209-209.	
4.	Kapur, R. L. (1946). The story of community mental health in India. Mental health: An Indian Perspective 1946–2003, 92-100.	
5.	Mosher, L. R., & Burti, L. (1989). Community mental health: Principles and practice (pp. 323-346). New York: Norton.	

	SYLLABUS	
M.A. PSYCHOLOGY		
	SEMESTER-II	
Practical Marks: 40		
Paper Code	0110206	Internal Assessment: 10
Credit	2	Time Allowed: 3 hours
Instructions for students and examiners:		
Objective:	To apply the concepts of psychology in real world.	
	Any two practical based on Counselling Psychology	

SYLLABUS			
M.A. PSYCHOLOGY			
	SEMESTER-III	1	
PSYCHOPAT	HOLOGY	Marks: 75	
Paper Code	0110301	Internal Assessment: 25	
Credit	4	Time Allowed: 3 hours	
<b>Objective:</b> This	s paper helps the students to learn and under	stand the psychological	
aspect of abnor	mality, how it can be defined and diagnosed.	Also, it takes into account a	
classification sy	vstem (DSM-5 and ICD-11) for clinical assess	ment of psychological	
disorders.			
Instructions for	r students and examiners:		
1.	The question paper will consist of nine questions. The candidates shall attempt five questions		
	in all. Each question will carry 12 marks.		
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type		
	questions of 3 marks each spread over the whole syllabus.		
UNIT-I	Abnormal Behavior Classification. View about abnormal behavior, Systems		
	of classification, basic features; DSM-V, ICD-10, similarities, differences and		
UNIT-II	critical evaluation.		
UN11-11	Anxiety Disorders Generalized anxiety disorder, Panic disorder, Specific		
	phobia, Obsessive compulsive disorder, Post-traumatic Stress Disorde (PTSD)		
UNIT-III	Psychopathology of Mood Disorders and S	buicide Depression and mania.	
	Unipolar & bipolar disorders, Eating disorder	<b>1</b>	
	Bulimia Nervosa		
UNIT-IV	Psychopathology of Schizophrenia Spectru	im and Personality Disorders	
	Schizophrenia, Delusional disorder, Brief p	sychotic disorders, Personality	

	disorders: Histrionic, narcissistic, antisocial, borderline and gender identity personality disorders.	
Reference		
1.	Butcher, J.N. (2016). Abnormal Psychology. New Delhi: Pearson Education	
2.	Carson, R. C., Butcher, J. N., & Mineka, S. (2001). Abnormal psychology and modern life (11th Ed.). New York. Allyn and Bacon	
3.	Barlow, D. H. & Durand, V. M. (1999). Abnormal psychology: An integrative approach (2nd Ed). Pacific Grove: Brooks/Cole	
4.	American Psychiatric Association (2013). Diagnostic and statistical manual of mental disorders: DSM-5. American Psychiatric Pub	

SYLLABUS			
M.A. PSYCHOLOGY			
	SEMESTER-III		
ORGANIZATIONAL BEHAVIOR Marks: 75			
Paper Code	0110302	Internal Assessment: 25	
Credit	4	Time Allowed: 3 hours	
Objective: This paper helps the students to learn and understand the emergence of			
organizational behavior as a discipline to study the employee's satisfaction, wellbeing,			
work motivation and commitment; factors that effect the proper functioning of an			
organization and the effective strategies to overcome those organizational constraints.			
Instructions for	students and examiners:		
1.	The question paper will consist of nine questions. The candidates shall attempt five questions		
	in all. Each question will carry 12 marks.		
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type		
	questions of 3 marks each spread over the whole syllabus.		
UNIT-I	Introduction to Organizational Behavior Defining organizational behavior: The		
	relationship to other field; the organizational b	behavior approach; Management;	
	Theoretical frameworks: Cognitive Framework;	Behaviouristic framework; Social	
cognitive framework; Globalization; Informational technology; Diversity			

UNIT-II	Organizational Decision Making Decision making in organization: The Rational		
	Model, Bounded Rationality, and Intuition Common Biases and Errors in Decision		
	Making. Ethics in Decision Making: Individual difference; Organizational		
	constraing; Conditions for the success of Change management		
UNIT-III	Contemporary Challenges in Organization Emerging Challenges of organizational		
	behaviour, Knowledge management and people issues; retention management and		
	individual differences, Competency mapping, and Psychological processes,		
	Coaching-mentoring and counseling.		
UNIT-IV	Positive Organizational Behavior Self-efficacy and confidence, optimism, Hope and		
	Resilience, Psychological capital and other positive organizational behavior.		
Reference			
1.	Luthans, F. (2010). Organizational behaviour (12th Ed.). New York: McGraw Hill.		
2.	Robbins S. P., and Judge (2010). Organizational behaviour. New York: Prentice Hall.		
3.	Nelson L, Debra and Quick Campbell James:(2008) Organizational Behavior: Foundation, Realities and Challenges: Thompson-South Western, New Delhi		
4.	Pareek, U. (2006). Understanding Organizational Behavior, Oxford University Press, New Delhi.		
5.	Katz. D and Kahn R.L. (1967) Social Psychology of Organizations- Prentice Hall		

	SYLLABUS	
	M.A. PSYCHOLOGY	
	SEMESTER-III	
PSYCHOLOGI	CAL MEASUREMENT & TESTING	Marks: 75
Paper Code	0110303	Internal Assessment: 25
Credit	4	Time Allowed: 3 hours
Objective: This paper helps the students to learn and understand the basic concepts of psychological assessment, evaluation and testing. It helps them to learn about the construction of a psychological tool, establishing its reliability and validity; also its application in different settings like education, organizational and clinical.		
Instructions for students and examiners:		
1.	The question paper will consist of nine questions. The candidates shall attempt five questions	
	in all. Each question will carry 12 marks.	
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type questions of 3 marks each spread over the whole syllabus.	

UNIT-I	Psychological Assessment Nature and purpose, Assessment, evaluation and testing,		
	Principle of assessment, Ethical considerations.		
UNIT-II	Construction of Psychological Tool Writing test items, Rational, empirical, Factor		
	analytic, Item analytic approaches to test construction.		
UNIT-III	Psychometric Properties Establishing reliability, Establishing validity, Development		
	of norms, Issues and challenges		
UNIT-IV	Applications of Psychological Tests Testing and assessment in various settings-		
	education, Counseling and guidance, Clinical setting, Organizational and		
	developmental areas.		
Reference			
1.	Gregory, R. J. (2011). Psychological testing: History, principles, and applications		
	(6th edition). New Delhi: Pearson Education		
2.	Aiken, L. R., & Groth-Marnet, G. (2009). Psychological testing and assessment (12th		
	Ed.) New Delhi: Pearson Education.		
3.	Murphy, K. R. & Davidsofer, C. O. (2005). Psychological testing: Principles and		
	applications (6th Ed.). NJ: Pearson Education		
4.	Jackson, C. (2003). Understanding Psychological Testing. Mumbai: Jaico Pub.		
	House		
5.	Kline, T. J. B. (2005). Psychological Testing. New Delhi: Vistaar Publication		
	Jackson, C. (2003). Understanding Psychological Testing. Mumbai: Jaico Pub. House		

	SYLLABUS	
	M.A. PSYCHOLOGY	
	SEMESTER-III	
FOUNDATIONS O	F INDIAN PSYCHOLOGY	Marks: 75
Paper Code	0110304	Internal Assessment: 25
Credit	4	Time Allowed: 3 hours
psychology. It focus	er helps the students to learn about es on the Indian paradigms on psych ss and its elaboration in various Ind	nological knowledge particularly
Instructions for stud	lents and examiners:	

1.	The question paper will consist of nine questions. The candidates shall attempt five questions		
	in all. Each question will carry 12 marks.		
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type		
	questions of 3 marks each spread over the whole syllabus.		
UNIT-I	Introduction to Indian Psychology Definitions, nature, differentiation of concepts;		
	indigenous, Indian, transpersonal psychology, emergence of indigenous and non-		
	western perspectives to psychology.		
UNIT-II	Indian Paradigm on Psychological Knowledge The Indian paradigm on		
	psychological knowledge. Science and spirituality (avidya and avidya) as two		
	distinct forms of knowing in Indian Psychology.		
UNIT-III	Self and Consciousness The Self in Indian Psychology. Viewpoints of Upanishads,		
	Baghvatgeetha, Buddhism and Jainism		
UNIT-IV	The Relevance of Indian Psychology Scope of Indian Psychology; distinction from		
	western psychology. Indian Perspectives on Cognition: Nature of reality; manas and		
	higher mental states; types of knowing; methods of knowing; yoga as research		
	method.		
Reference			
1.	Rao, K. R., Paranjpe, A. C., Dalal, A. K. (2008). Handbook of Indian Psychology. New Delhi: Foundation Books.		
2.	Misra, G. & Mohanty, A. K. (2001). Perspectives on Indigenous Psychology. New Delhi: Concept Publishing Co		
3.	Srivastava, S. P. (2001). Systematic Survey of Indian Psychology. Bahadurgarah: Adhyatma Vijanana Prakashan.		
4.	Paranjape, A. C (1998). Self and Identity in Modern Psychology and Indian thought. New York: Plenum Press.		
5.	Paranjape, A. C (1984). Theoretical Psychology. New York: Plenum Press.		

SYLLABUS		
M.A. PSYCHOLOGY		
SEMESTER-III		
LIFE SKILLS AND PERSONALITY DEVELOPMENT Marks: 75		
Paper Code	0110305	Internal Assessment: 25
Credit	4	Time Allowed: 3 hours

Objective: This paper helps the students to know and acknowledge the importance of life skills by deriving its meaning and scope and development of these life skills results in the development of personality. This paper also discuss the concept of emotional intelligence and its emphasis on regulation of emotions.

Instructions for students and examiners:				
1.	The question paper will consist of nine questions. The candidates shall attempt five questions in all. Each question will carry 12 marks.			
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type			
	questions of 3 marks each spread over the whole syllabus.			
UNIT-I	Introduction Life Skills: Meaning and scope of life skills, Managing Life skills;			
	Communication, Problem solving, Assertiveness, coping stress			
UNIT-II	Personality Development Meaning of personality, The markers of good personality			
	development, The issues of personality development, Effective Personality:			
	Concept, indices and methods of effective personality development			
UNIT-III	Emotional Intelligence and Human Life Emotional Intelligence: Meaning,			
	components, Models and role of emotional intelligence in human performance and			
	functioning Emotional intelligence and various aspects of Human functioning:			
	Health, Job performance, Coping through emotional approach			
UNIT-IV	Life Skills and Areas of Human Functioning Methods of developing Life skills:			
	Role-playing and rehearsal, Social Learning Role of life skills in school, work place,			
	family and community			
Reference				
1.	Glencoe (2010). Managing life skills. McGraw Hill USA			
2.	Life skills. (2012). NCERT Books, New Delhi			
3.	Clayton, E. & Tucker-Ladd (2004). Psychological self-help. Self Help Foudation.			
4.	Wadkar, Alka (2016). Life Skills of Success. Sage Texts			

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M.A. PSYCHOLOGY	

	SEMESTER-III	
Practical		Marks: 40
Paper Code	0110306	Internal Assessment: 10
Credit	2	Time Allowed: 3 hours
Instructions for	students and examiners:	
Objective:	To apply the concepts of psychology in real world.	
	Any two practical based on Organizational Behavior	

SYLLABUS	
M.A. PSYCHOLOGY	

SEMESTER-IV		
CLINICAL IN	TERVENTION	Marks: 75
Paper Code	0110401	Internal Assessment: 25
Credit	4	Time Allowed: 3 hours
<b>Objective:</b> This	paper helps the students to learn and under	stand the nature of specific
therapeutic pro	cess and its underlying meaning. Also, it tak	es into account the
perspectives us	ing which different therapies are build and u	sed for psychological
treatment.		
Instructions for	students and examiners:	
1.	The question paper will consist of nine questions. The c	candidates shall attempt five questions
	in all. Each question will carry 12 marks.	
2.	Question no. 1 will be compulsory. The question no	. 1 will contain 4 short answer type
	questions of 3 marks each spread over the whole syllab	bus.
UNIT-I	<b>Nature of Specific Therapeutic Variables</b> The client and the therapist, client- therapist relationship, Course of therapeutic intervention: initial contact, assessment, Goals of treatment, implementing treatment, Termination, evaluation, and follow-up, Issues in psychotherapy	
UNIT-II	<b>Psychoanalytic Therapy (Freudian)</b> Goals and assumptions, Steps; Therapeutic techniques-Free association, analysis of dreams, analysis of resistance, Transference and confrontation, Clarification, interpretation and working through	
UNIT-III	<b>Phenomenological and Humanistic Existential Psychotherapy</b> Client-centered therapy; origins, Theoretical propositions, Therapeutic process diagnosis and applications, Gestalt therapy, Existential therapy	
UNIT-IV	Behavioural and Interpersonal PerspectivesBehavior therapy: Origins and Techniques, Systematic desensitization, assertivenesstraining, exposure therapy, Modeling, behavioural rehearsal, contingencymanagement, aversion therapy, Cognitive behaviour therapy- Elis's and Beck'sapproach.	
Reference	1	
1.	Corey, G. (2009). Theory and practice of counselling and psychotherapy. (8 <sup>th</sup> Ed). Belmont, C.A: Brooks/Cole.	
2.	Neitzel, M.T., Bernstein, D.A. & Millich, R. (1998). Introduction to clinical psychology (5 <sup>th</sup> Ed). Upper Saddle River, New Jersy: Prentice Hall.	
3.	Page, A.C. & Stritzke, W.G.K. (2006). Clinical Psychology for trainees: Foundations of science informed practice. New York: Cambridge University Press.	
4.	Planate, T.J. (2005). Contemporary clinical psych Sons.	
5.	Culari, S. (1998). (Ed.) Foundations of clinical Bacon.	psychology. New York: Allyn&

	SYLLABUS	
	M.A. PSYCHOLOGY	
	SEMESTER-IV	
PERSONALITY	YPSYCHOLOGY	Marks: 75
Paper Code	0110402	Internal Assessment: 25
Credit	4	Time Allowed: 3 hours
<b>Objective: This</b>	paper helps the students to learn and under	stand the meaning of
personality and	the factors which effects the development. A	lso it focuses on the ideas
and notions of d	ifferent psychologists about personality asse	ssment.
Instructions for	students and examiners:	
1.	The question paper will consist of nine questions. The c	candidates shall attempt five questions
	in all. Each question will carry 12 marks.	
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer ty	
	questions of 3 marks each spread over the whole syllabus.	
UNIT-I	<b>Introduction</b> Meaning of Personality: Concept and Importance of studying Personality, Important Issues in Personality Theories: Philosophical view of the person, Internal and external determinants of behavior, Concept of self, states of awareness and concept of Unconscious, Relationship among cognition, affect and behavior, Influence of past, present and future of behavior, Evaluation of personality theories: Comprehensiveness, parsimony and research relevance	
UNIT-II	Psychodynamic Theories	
	Freud's Psychoanalytic Theory of Personality: Application and evaluation of Freud's Theory, Adler, Jung, Honey and Sullivan, Recent development within Traditional psychoanalytic theory, Critical evaluations, Major contributions and limitations of theory	
UNIT-III	Phenomenological Theories	
	Carl Rogers: View of the person, View about science, theory and research, Personality theory of Rogers: Structure, process, growth and development, Applications and evaluation, Related points of view: Goldstein, Maslow and existentialism; Critical evaluation	
UNIT-IV	Trait and Type Theories	
	The Trait concept, The trait theory of Allport: K Idiographic research, And The trait-type theory of Eyse analysis, Basic dimensions of Personality, Psychopatho Cattell: View of science, theory of Personality, The H Cognitive Approaches to Personality	nck: The trait measurement and factor logy and behavior change, evaluation,
Reference	The behavioural view of the person and the science, P theory of Personality: Bandura and Mischel, Represe family of the selves and self-verification versus s personality assessment and research	entation of the self: Self schema, the

1.	Thorpe, L.P. & Schulmer, A. N.: Personality: An Inter disciplinary Approach. New Jersey: D. Van Nostrand Co. (1962).
2.	Cervone, D. & Pervin, L. A. (2015) Personality: Theory and Research. Wiley.
3.	John, O. P., Robins, R. W. & Pervin, L. A. (2008). Handbook of Personality: Theory and Research. NY: The Guilford Press.
4.	Ryckman, R.M.: Theories of Personality, Belomont: Thomson Wadsworth. (2008)
5.	Hurlock, E.B.: Personality Development. New Delhi: Tata McGraw Hill Publishing Company Ltd. (1976).

SYLLABUS		
M.A. PSYCHOLOGY		
SEMESTER-IV		
EMOTION AN	EMOTION AND WELL-BEING Marks: '	
Paper Code	0110403	Internal Assessment: 25
Credit	4	Time Allowed: 3 hours
<b>Objective:</b> This	paper helps the students to learn and under	stand the concept of emotions
and how its pro	per regulation impacts our wellbeing. Severa	l concepts related to positive
emotions such a	s optimism and resilience are also studies an	d; intervention techniques
are also discussed for better understanding of its application.		
Instructions for students and examiners:		
1.	The question paper will consist of nine questions. The candidates shall attempt five questions	
	in all. Each question will carry 12 marks.	
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type	
	questions of 3 marks each spread over the whole syllabus.	
UNIT-I	Understanding Emotions: Basic Human Emotions, Personality and Positive	
	Emotions, Emotional Intelligence and va	rious Models of Emotional
UNIT-II	Intelligence Happiness and Well-being: Concept of Happiness, Authentic Happiness,	
	Subjective Well-being, Ways of Well-being,	
	being and Eudaimonic Well-being	
UNIT-III	<b>Optimism, Resilience and positive Ageing:</b> Optimism: Benefits of	
	Optimism, three 'selves' of Optimism; Resilie	1
	coping Styles; Positive Ageing: Healthy Agei	
UNIT-IV	<b>Positive Psychology Interventions:</b> Posi	5
	Savouring and positive reminiscent and Mind	fulness meditation
Reference		
1.	Hefferon, K., & Boniwell, I. (2011). Positive papplications. London: McGraw-Hill.	osychology: Theory, research and
	applications. London. McOlaw-min.	

2.	Peterson, C. (2006). A Primer in Positive Psychology. New York: Oxford University	
	press.	
3.	Huppert, F, F.A., Baylis ,N. & Keverne, B. (2005). The science of well being. Oxford; Oxford University press.	
	Oxford, Oxford University press.	

SYLLABUS			
M.A. PSYCHOLOGY			
	SEMESTER-IV		
POSITIVE PSY	POSITIVE PSYCHOLOGY Marks		
Paper Code	0110404	Internal Assessment: 25	
Credit	4	Time Allowed: 3 hours	
Objective: This paper helps the students to learn and understand the emergence of the			
field of positive psychology and its ever increasing applications. It also focuses on different			
approaches for the study and deriving meaningful correlates of positive psychology.			
Instructions for students and examiners:			
1.	The question paper will consist of nine questions. The candidates shall attempt five questions		
	in all. Each question will carry 12 marks.		
2.	Question no. 1 will be compulsory. The question no. 1 will contain 4 short answer type		
	questions of 3 marks each spread over the whole syllabus.		
UNIT-I	The discipline of Positive Psychology		
	Past, present and future of Positive Psychology, Classifying strengths of character,		
	Positive Psychology Applications. Identifying Strengths: Positive Psychology and		
	deconstructing the illness ideology and the DSM: Illness ideology of DSM, the social		
	deconstruction of DSM, The Intellectual Deconstruction of the DSM: An Examination of Faulty Assumptions, Beyond the Illness Ideology and the DSM,		
	Widening the diagnostic focus: Labeling, Distinctiveness, and Deindividuation,		
	Basic Proposition, Labeling and the Fundamental		
UNIT-II	Positive Psychology across the Life Span		

Positive Psychology for children and adolescents: Development, prevention and	
promotion, Positive Youth Development: Components and methods	
Emotional Approach in Positive Psychology	
Subjective Well-Being: Meaning, theoretical approaches, measurement and	
correlates, The Positive Psychology of emotional intelligence: Current Model of	
Emotional Intelligence, Measuring Emotional Intelligence	
Cognitive and Interpersonal Approaches in Positive Psychology	
Cognitive Approach: Optimism and self-efficacy, Interpersonal Approach: Empathy	
and altruism	
Reference	
Carr, A. (2008). Positive Psychology: The Science of Happiness and Human	
Strengths. New Delhi: Routledge.	
Snyder, C. R. & Lopez, S. J. (2009). Oxford Handbook of Positive Psychology	
(Eds.), Oxford University Press, New York	
Baumgardner, S. & Crothers, M. (2014). Positive Psychology. Pearson Educating	
Limited, Edinburg Gate Harlow.	
Haidt, J. (2006). The Happiness Hypothesis; Finding Modern Truth in Ancient	
Wisdom. New York: Basic Books.	
Huppert, F, F.A., Baylis ,N. & Keverne, B. (2005). The science of well being.	
Oxford; Oxford University press.	

SYLLABUS			
M.A. PSYCHOLOGY			
	SEMESTER-IV		
DISSERTATIO	N N	<b>Dissertation Report: 50</b>	
Paper Code	0110405	Viva Voce: 50	
Credit	4	Time Allowed: 3 hours	
Instructions for students and examiners:			
<b>Objective:</b>	To apply the concepts of psychology in real world.		
	Every student shall be required to undertake Internship in the Guidance and		
	counseling Center/ Hospital/Medical College/Institutes/Social welfare		
	organizations for 4 weeks. All students are required to submit a Report as a		
	Dissertation based on their Internship to the Department on or before a		
	specified date fixed for the purpose. These students are further required to		
	appear for comprehensive Viva Voce. The Dissertation shall carry 50 marks,		
	and comprehensive Viva Voce shall carry 50 marks.		
Note:	(To be taken up under the Supervision of one of the faculty members of		
	the Department)	-	