



HARYANA STATE HIGHER EDUCATION COUNCIL

Ref. No.:-12/5-SE-5-2020 Adv./HSHEC

Dated:- 26.06.2024

To,

The Director,
Department of Secondary Education Haryana,
Shiksha Sadan, Sector 5,
Panchkula.

Subject: Ummeed Prevention of Suicide- Guidelines for Schools

Respected Sir,

Namaste

Greetings from Haryana State Higher Education Council!

Your kind attention is invited to the guidelines "UMMEED prevention of Suicide" issued by the Department of School Education and literacy, MoE, GoI, New Delhi. A copy of the same is enclosed. The National Education Policy (NEP), 2020 has also envisaged the aim of education to be holistic, including both cognitive and affective aspects. The policy has emphasized not only on learning based on developing cognitive competencies, but also skills, attitudes, and behaviours which will enable building character and creating holistic and skilled individuals, equipped with key 21st-century skills. This vision entails the need to promote mental health and well-being among students, which plays a prominent role in all aspects of an individual's life. As per the guidelines, prevention of suicide requires a comprehensive approach, wherein the entire school as a team works to address the issue. Actions towards prevention of suicide interalia include:-

- a. Taking proactive steps to identify students exhibiting warning signs and thereby at risk for self-harm, creating a dedicated team in school, promoting a supportive school environment, and building capacity of the stakeholders.
- b. Responding immediately to situations where a student is at risk (either displaying warning signs or has been seen taking actions leading to self-harm).

It is hoped that the Department might have taken follow up action by sharing these guidelines with all concerned. Therefore, action taken by the Department for the implementation of these guidelines in schools, as well as the roadmap planned for it may kindly be shared with the Council at email: hshecadvisor@gmail.com.

Regards

K.K. Agnihotri

K.K. Agnihotri
Advisor, HSHEC

CC:

- PS to ACSSE for kind information of the Additional Chief Secretary School Education, Haryana, Chandigarh
- PS to ACSHE for kind information of the Additional Chief Secretary Higher Education, Haryana, Chandigarh
- PS to CP HSHEC for kind information of the Chairperson, HSHEC, Haryana, Panchkula
- PS to VCP HSHEC for kind information of the Vice Chairperson, HSHEC, Haryana, Panchkula
- IT cell at HSHEC for uploading on Council's website